## **ACTIVITY SCHEDULE** FRIDAY, AUGUST 9 – THURSDAY, AUGUST 15 YMCA OF THE ROCKIES- ESTES PARK CENTER



Children under the age of 13 must be accompanied by an adult at all times.

Some programs require advanced registration and may fill quickly, click here or call x1104 to sign up.

## **PROGRAM FACILITY HOURS**

	Fri, Aug 9	Sat, Aug 10	Sun, Aug11	Mon, Aug 12	Tues, Aug 13	Wed, Aug 14	Thurs, Aug 15
SWEET MEMORIAL	Stop by to get a full schedule of activities, and plan out your fun! Check out our game room in the basement! Sign out board games, puzzles, disc golf equipment and more! Questions? Call us at x1104.						
	8AM-9PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM
BOONE FAMILY MOUNTAIN	Sign up for hikes, visit our nature center, or get info about our outdoor activities! Plus, find tons of informati both at the Y and in the National Park. Questions? Call x8402.						tion about hiking,
CENTER	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM
DUNCAN FAMILY CLUBHOUSE AND	Check out sports equipment including volleyballs, kickballs, mini golf equipment, pickleball and tennis equipment and more. Located between mini golf and Benbrook Courts. Children 12 and younger must have an adult. Questions? Call x1134.						
BENBROOK COURTS	8AM-9PM	9AM-12PM 1PM -5PM	9AM-12PM 1PM -5PM	9AM-12PM 1PM -5PM	9AM-12PM 1PM -5PM	9AM-12PM 1PM -5PM	9AM-12PM 1PM -5PM
LULA W. DORSEY MUSEUM	Come by and learn about the history and creation of YMCA of the Rockies. Guided tours available, no registration required. Last admittance 30 minutes before closing. Questions? Call us at x1136.						
	9:30AM-5:30PM	9:30AM-5:30PM	12PM-4PM	9:30AM-5:30PM	10:30AM-5PM	9:30AM-5:30PM	9:30AM-5:30PM
MAUDE JELLISON	Grab a good book , cup of coffee, and get cozy . Questions? Call us at x1133.						
LIBRARY	9AM-7PM	9AM-7PM	1PM-5PM	9AM-7PM	9AM-7PM	9AM-7PM	9AM-7PM
MOOTZ FAMILY CRAFT & DESIGN CENTER	Drop in crafts available everyday, prices and availability vary. Open crafting and craft classes available. Glazed ceramics and Glass fusion must be finished by 3:00pm to be ready for pick up at the next day. No new projects after 4:30PM, clean up at 4:45PM. Some crafts have age restrictions. Questions? Call us at x 1132.						
CLIVIER	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM
DORSEY SWIMMING POOL	Maximum capacity limits may apply. Pool is closed during lightning storms. Pool will be cleared 5 minutes before closing time. Call x1135 for space availability and weather conditions. Towels provided.  OPEN SWIM - Swim time for all, come to play or swim laps! Kids 12 and under must have an adult in the building at all times. Kids 7 and under must have an adult in the water. The water slide is open at the lifeguards' discretion.						
	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 9AM-11:30 3PM-6PM LAP SWIM 6:30AM-8:30AM	<b>OPEN SWIM</b> 12:30PM-5PM	<b>OPEN SWIM</b> 12:30PM-6PM <b>LAP SWIM</b> 6:30AM-8:30AM	<b>OPEN SWIM</b> 12:30PM-6PM <b>LAP SWIM</b> 6:30AM-8:30AM	<b>OPEN SWIM</b> 12:30PM-6PM <b>LAP SWIM</b> 6:30AM-8:30AM	<b>OPEN SWIM</b> 12:30PM-6PM <b>LAP SWIM</b> 6:30AM-8:30AM
BOB ECKER	Roller skates provided. Roller blades are welcome, but not provided. Questions? Call x1104						
ROLLER RINK	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM

#### ON PROPERTY SELF GUIDED WALKING TOUR

These informative strolls explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in! QR Codes are available in Sweet Memorial and the Museum.

PUBLIC ART TOUR | WALK ABOUT THE Y HISTORY TOUR

LOST? **CHECK OUT OUR** 





**WANT TO HIKE? CHECK OUT OUR** 







Requires sign up: Call the Boone Family Mountain Center at x1311 or click <a href="https://example.com/here-to-register">here-to-register</a>. Hikes are free for YMCA of the Rockies guests and members. No call, no shows will incur a \$5 per person charge. Call x1311 to cancel your reservation, at least 24 hours in advance. It is imperative that all hikers check in with the hiking desk no later than 5pm the day before the hike. Check in can be done in person or over the phone. Please bring your Y lodge room number or cabin name at that time. A variety of circumstances may change the schedule of any

hike. All equipment will be provided for guided hikes requiring specialized snow equipment, such as snowshoes or microspikes. Please dress in

Hike Difficulty: A=Most Difficult B=Very Demanding C=Demanding D=Strenuous

layers and be prepared for snow and cold temperatures, especially for hikes higher than 8500' in elevation.

E=Moderate Plus F=Moderate G=Easy H=Easiest

Prerequisites: To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (Hikemaster-led) hike of no more than two grades lower within two weeks before the hike. A "C" hike is the prerequisite for an "A" hike (A hikes may require additional hiker scrutiny due to the high level of physical demand); a "D" hike is the prerequisite for a "B" hike, etc.

	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
FRIDAY, AUG 9						
3:00 AM – 4:00 PM	McHenry's Peak	13.5	4100′	A	A	Dave M. & Mike M.
Enjoy this rigorous, 3rd class o	limb via Black & Frozen Lakes to Stoneman F	ass & exposed ric	dge to the 13327' summi	it.		
5:00 AM – 4:00 PM	Box and Eagle Lakes	16.0	2350′	С	С	Megan N. & Richard L.
Enjoy a scenic hike in the Wild	Basin area of Rocky Mountain National Park	that goes past Th	under Lake and Mertens	ia Falls.	•	
7:00 AM – 3:00 PM	Black Lake	9.8	1800′	E	F	Karen A.
Take the Glacier Gorge trail to	a spectacular lake in the deep cirque betwee	n the east face of	McHenry's Peak & Arrow	vhead Arete.		
7:30 AM – 1:30 PM	Deer Mountain	6.0	1350′	F	F	Harvey H.
Hike this historic trail up Deer	Ridge to an accessible summit. From there w	e can appreciate t	he panoramic views while	e avoiding th	e Bear Lake con	ridor traffic!
7:30 AM - 11:30 AM	Gem Lake	3.5	1450′	F	E	John S.
This is a short, occasionally st	eep, hike past wonderful rock formations with	h names like "Twin	Owls" and "Paul Bunyon	's Boot" to a	crystalline lake	on Lumpy Ridge.
B:30 AM – 1:00 PM	Upper Beaver Meadows	5.0	500′	G	F	Tammy F.
The Beaver Mountain Trail loop	ps through meadows, ponderosa parks and a	spen-fir forests in	a uniquely diverse life z	one.		
1:30 PM - 3:30 PM	Glacier Creek	2.5	350′	G	F	Program Staff
Hike to where the murmurs of	the forest mingle with the gentle rush of flov	ving waters on a n	nesmerizing hike through	the Montane	Forest's ripari	an ecosystem.
SATURDAY, AUG 10						
7:00 AM – 3:30 PM	Ute Trail West, Down the Giants Ladder	5.3	-2000′	E	С	Tom D. & Sam M.
Bushwhack from Lake Irene ald	ong route of ancient Ute trail to Farview Curv	re, then down histo	oric "Giant's Ladder" rout	e of Fall River	Road to Timbe	er Lake TH.
7:15 AM – 2:45 PM	Timberline Falls	7.8	1300′	E	E	Harvey H.
Enjoy this hike to a spectacula	r waterfall up past The Loch and just under L	ake of Glass.				
7:30 AM - 12:30 PM	Bear to Bierstadt Lake	4.0	400′	G	F	John S.
Follow a mostly downhill trail t	through subalpine forest to Bierstadt Lake, th	en down the Biers	tadt Moraine.	l		
SUNDAY, AUG 11						
7:15 AM – 3:00 PM	Finch Lake Circuit from Allenspark TH	7.7	2300′	E	D	Laura B.
Eniov a hike alona the Finch La	· oke trailhead and return via the fisherman's tr	ail from Finch Lak	l e down Conv Creek to Ca	l Nypso Cascad	les.	
7:30 AM – 11:30 AM	Calypso Cascades	3.6	650′	G	F	Karen A.
	ds along the North Saint Vrain river to the ca			Pear Lake.	-	1.0.0
8:30 AM - 2:30 PM	Mills Lake	5.2	850′	F	F	Harvey H.
	re below Thatchtop Mtn & craggy Glacier Gor		333	1 -	-	
MONDAY, AUG 12		<b>y</b>				
7:15 AM – 2:30 PM	Boulder Brook Loop	6.7	1300′	F	F	Dave F.
Pass Alberta and Rebecca Falls	s, then east onto the little-used North Long's	Peak Trail.		<u> </u>		
7:00 AM – 2:00 PM	Estes Cone	6.5	1600′	E	D	Mike M.
	nit with panoramic views of Battle Mountain,	Longs Peak, Twin	Sisters, Lily Mountain an	ı nd Estes Valle	y. This trail has	a steep scramble.
7:30 AM – 2:30 PM	Loch and Mills Lack	6.5	1350′	F	F	Karen A.
Hike to the large, trout-filled la	ake nestled in Loch Vale above Alberta Falls t	then make your wa	y to Mills Lake, one of th	he most pictu	resque lakes in	the park.
		1	i i		1	
8:00 AM - 12:30 PM	Sprague Lake via Mountainside Dr.	4.0	200′	G	F	Megan B.

<b>GUIDED HIKIN</b>	IG				R	egistration required
	HIKE	MILES RT	<b>ELEVATION GAIN</b>	GRADE	TERRAIN	HIKEMASTER
TUESDAY, AUG 13						
6:00 AM – 4:00 PM	Spectacle Lakes	11.5	3450′	С	В	Megan B. & Sam M.
Scramble up the cascading strea	m to the two spectacular, alpine tarns hidden in the deep	o cirque on the	east face of Mount Y	osilon.	•	•
6:15 AM – 4:00 PM	Timber Lake	10.6	2060′	E	E	Megan N.
Hike this woodland trail from Ka	waneeche Valley spiraling up Timber Creek to a shallow,	alpine lake wes	st of Mt Ida & the Con	tinental Divid	de.	•
7:15 AM – 2:30 PM	Crags Hike	7.4	2250′	E	E	Tom D.
We will hike partly off-trail to a	craggy buttress on the north side of Twin Sisters Mount	ain. This area o	offers spectacular view	s of the eas	t face of Long	s Peak and Estes Valley.
7:30 AM – 2:00 PM	Lake Helene	6.4	1200′	F	F	John S.
Enjoy taking this forested trail a	round the north face of Flattop Mountain to a shallow la	ke below Notcl	htop Mountain.			
8:00 AM - 10:30 AM	Lily Lake Nature Walk	1.5	250′	G	F	Harvey H.
Enjoy walking around one of the	prettiest lakes in the National Park with a guide who is	knowledgeable	about the flora and fa	una and is fo	or those who	want to take their time.
9:00AM - 12:00 PM	Orienteering Class					Dave F.
Join Hikemaster Dave for a fun f	filled morning finding your way around one of the Y's Cha	llenger courses	s using a map and com	pass. All ma	terials and ins	struction provided
WEDNESDAY, AUG 14						
6:45 AM – 1:30 PM	Chapin Peak	4.4	1800′	E	E	Megan B.
Hike up rock steps & tundra hik	e to this classic peak overlooking the Fall River Canyon &	Mummy Range	e.	•		•
7:30 AM – 12:00 PM	Emerald Lake	3.6	750′	F	F	John S.
Climb a smooth trail past Nympl	n and Dream Lakes up to the beautiful green gem-of-a-la	ike in Tyndall G	orge. This hike is perfo	ect for most	families.	
7:30 AM - 1:00 PM	Loch	5.0	1150′	F	F	Dave F.
Hike a gentle trail past the roari	ing Alberta Falls (the perfect photo op) to a large, trout-f	filled lake nestle	ed in Loch Vale.			
3:00 PM – 6:00 PM	Alberta Falls	1.8	250′	G	F	Megan N.
Follow this well-maintained trail	through beautiful aspens and lodge poles to the majesti	c waterfall that	t appears in the logo f	or Coors Bre	wing Compan	y.
THURSDAY, AUG 15						
2:30 AM – 5:30 PM	Mount Alice	18.0	4800′	A	В	Megan N. & Dave M.
Rigorous loop hike via Lion Lake	s to Hourglass Ridge and rock slabs on NE face of Alice t	to the summit.				
4:15 AM – 8:30 AM	Sunrise on Sundance	1.0	300′	F	F	Megan B.
Awesome sunsrise views from ti	he prominent alpine peak on Trail Ridge. Bring warm clotl	hes it can be	cold at night on the "	Roof" of the	continental U	!5!
7:30 AM – 1:00 PM	Fern Falls	5.5	1000′	F	F	Karen A.
Enjoy hiking past lush woods ald	ong the Big Thompson River, past the site of the Old Fore	est Inn, to thun	dering waterfalls.			
8:00 AM – 3:30 PM	Odessa Fern Lakes Loop	9.8	1200′	E	E	Tom D.
We will start at Bear Lake, climb	moderately around the side of Flattop, then drop into the	ne stunning Ode	essa Gorge. It's all dow	nhill after th	hat!	
9:00 AM – 12:00 PM	Moraine Park Loop	3.3	400′	G	F	Ginny K.
Hike from the Y intro Rocky Mod	untain National Park and through a glacially carved valley	with great vie	ws of the continental	divide.		•
6:00 PM – 10:00 PM	Sunset on Sundance	1.0	300′	F	F	Megan B.
	p prominent alpine peak on Trail Ridge. Bring warm clothe			<i>c</i> " <i>c</i>		,

## MAUDE JELLISON LIBRARY PROGRAMS SUNDAY AUG 11

#### **3PM - METEORS AND METEOR SHOWERS**

Meteors and Meteor Showers—Ever wonder what those bright shooting stars you see at night are all about? Join us to learn about meteors (those bright streaks!) and meteor showers. .

#### **MONDAY AUG 12**

#### **7PM - POEMSHARE: OPEN MIC**

Come share your favorite poem or song with everyone and enjoy their presentations as well. The library has guitars you may use if needed. Come and perform or just come and listen. Everyone is welcome.

#### **TUESDAY AUG 13**

#### **7PM - MEET ANNA WOLFRAM**

Meet and Greet an important local historical figure from this area, Anna Wolfam Dove, as portrayed by Dr. Karen Foster. Anna Wolfram was a homesteader in Estes Park and she opened up the famous Wigwam Tea Room near the YMCA campus.



## SPECIAL EVENTS SUNDAY AUG 4

#### **6PM - LINE DANCING**

Join Line Dancing Expert Jan Tenzer in this classic, boot-stomping activity for all ages. Meet at Jellison Youth Building. Closed-toed shoes preferred.

#### **WEDNESDAY AUG 14**

**2PM-4PM ONYX CABIN OPEN HOUSE**Cabins at YMCA of the Rockies are donated by amazing people just like you. Visit this week's Cabin

Open House to learn how the program works. Everyone is welcome! Contact Andrea Sherman at asherman@ ymcarockies.org for more information or to schedule a private tour.

#### 7PM COWBOY BRAD SING-A-LONG

Join local singer/songwriter/guitarist Cowboy Brad at the Kathie Mennel Outdoor Amphitheater by the Mountain Center for songs and fun for the family! Please call Sweet Memorial (x1104) in case of inclement weather. Archery, Axe Throwing, Climbing 12/person. Aerial Challenge Course 45/person. Click <u>Here</u> or call 104 to check availability. Refunds not given within 24 hours of a paid program, unless the cancellation is due to weather.

#### **NEW! AERIAL CHALLENGE COURSE**

Located at the Boone Family Mountain Center. Traverse from tree to tree, well above the forest floor on our new high ropes course. Each session begins with a 30 minute ground school that each participant must pass before entering the course. People with known heart conditions or who are pregnant may not participate. Participants must be between 35 and 250 pounds and meet the minimum height requirement of 4'9. Up to 10 people per session.

#### **OUTDOOR ARCHERY**

Located at the Main Archery Range. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6 and older, up to 12 people per session.

#### NELSEN FAMILY INDOOR CLIMBING WALL

Located at the Boone Family Mountain Center. The indoor climbing wall is modeled to look and feel like real rock! Climb to the top of the 25-foot wall, or stay low to the ground on the bouldering wall. Open to ages 5 and older, up to 8 people per session.

## OUTDOOR AXE THROWING

Located at the Main Axe
Throwing Range. learn the
basics of axe-throwing and
have fun aiming for a
bullseye! Open to ages 6
and older, up to 12 people
per session.



## AFF

## BIRD BANDING MEET AT THE BIRD BLIND

FRI, MON, WED - 4PM-6PM

Watch Scott Rashid, licensed bird bander, "net" different species of birds that come to Colorado in the summer. Drop in anytime. Bird Banding site near the corner of Mineral Rd and Association Drive.

## SUSTAINABLITIY AT THE Y

How many sustainability icons can you find in the Activity Guide? Bring your answer to Sweet Memorial for a prize!

At YMCA of the Rockies, we are committed to an emissions reduction goal that aims to cut our greenhouse gas emissions by a minimum of 50% by 2050.

Objectives included in the plan address 8 sustainability sectors. Learn about a few below, check out our website to learn about the other sectors and more about our sustainability practices and goals.



#### **REDUCING EMISSIONS**



WATER: Maximize water efficiency and water quality of local streams.
RESILIENCE AND LAND MANAGEMENT: Increase resilience and fire preparedness through sustainable land stewardship practices.
ENGAGING VISITORS

WASTE: Expand recycling, divert food waste from the landfill and reduce



**EDUCATION AND ENGAGEMENT:** Engage guests in campus sustainability opportunities and education, and continuously share our story with guests and visitors.

#### ACCESSIBLE TRAIL - ENGER FAMILY NATURE TRAIL

The Enger Family Nature Trail is built for all ages, with accessibility in mind. The trail starts at the Boone Family Mountain Center and makes a pet-friendly loop through the forest. Learn about the ecosystem, culture and history of the area through interpretive panels.

## **CHAPEL ACTIVITIES**

#### FRIDAY, AUG 9 9:30AM - BIBLE STUDY

Help is here. Finding fresh strength and purpose in the power of the holy spirit. Meet at Dannen Library. 7PM – FRIDAY NIGHT FAITH FILM

Join us in Hyde Chapel for a showing of *Moondance Alexander*.

SUNDAY, AUG 11 10:00AM - WORSHIP IN THE ROCKIES

Worship with us in Hyde Chapel. Everyone is invited to join us for this great hour of worship!

7:00PM - HYMN SING

Join us in Hyde Chapel for an evening of praise and song. TUESDAY, AUG 13

#### 9:30AM - WORSHIP HIKE

Join us for a hike (2.5 miles round trip) to Bible Point where we will join in prayer and song. This is a strenuous hike and participants should wear good hiking shoes/boots, and bring water. Meet at the gas firepit outside of Hyde Chapel.

#### WEDNESDAY, AUG 14 1PM - BIBLE STUDY

James, the practical guide to living your faith. Meet at Dannen Library. 6:30PM - VESPERS

#### **COMMUNION SERVICE**

Join us in Dannen Chapel for our communion service.

## 7:30PM - CAMPFIRE WORSHIP SING-A-LONG

Join us at the gas firepit outside of Hyde Chapel to worship and sing.

## ADDITIONAL CHAPEL PROGRAMS

#### **INTERACTIVE PRAYER TRAIL**

Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession.

#### LABYRINTH

Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum.

#### **BIBLE POINT TRAIL**

Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. Pick up a map in the Mountain Center.

## 24/7 PRAYER DANNEN CHAPEL

Entrance located on the outside northeast corner of Hyde Chapel, open 24/7 for your prayer needs. BEATITUDE STUDY TRAIL

Enjoy a 1 mile hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." Trailhead is located at Dorsey Lake

#### **STORY WALK**

Enjoy a children's book on a short walk equipped with reading stations. Begins on the walking path by

the Hyde Chapel fire pit.

#### **LAWN GAMES**

Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you



## STAFF TALENT SHOW AUGUST 9 - 6PM KATHIE MENNEL AMPHITHEATER

Come and witness the amazing talents of our incredible staff! From singing and dancing to comedy and magic, our staff will entertain and delight you with their hidden talents. This is a night you won't want to miss! Bring your friends and family for an unforgettable evening!

#### FREE ADMISSION FOR ALL GUESTS

In case of rain, the event will be moved to Willome

#### MINDFUL MOVEMENT

#### FRIDAY, AUG 9

#### **MOVEMENT AT THE MUSEUM**

#### 9:30AM - DORSEY MUSEUM

Join us as a certified Pilates instructor guides you through lengthening and strengthening exercises as you breathe and behold nature on the Museum lawn. You will be led through a fusion of Pilates and yoga movements. All levels are welcome. Modifications will be offered. Please bring water.

#### **SUNDAY, AUG 11**

#### **VINYASA FLOW YOGA**

#### 9AM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click here or call x1104.

#### **MONDAY, AUG 12**

#### **TENNIS LESSONS**

#### 9AM - LITTLE LOBBERS - OUTDOOR TENNIS COURTS

This is a parent - child clinic for children 4 - 6 year old, to better develop the child's basic hand and eye coordination, athletic skills along with tennis. Movement, balance, and proper techniques will be taught by using fun games. Registration required. Parents must accompany children.

#### 10AM - NEW TO TENNIS - OUTDOOR TENNIS COURTS

Parent – child tennis clinic for children 7 – 17 years old. You will learn and play games while getting a better understanding of proper stroke technique. Registration required. Parents must accompany children. .

#### 11AM - LETS PLAY - OUTDOOR TENNIS COURTS

This session is for intermediate to advanced juniors that play in USTA Sanctioned Tournaments, or are on middle or high school tennis teams, or compete in Junior Team Tennis. Fun games, drills and match play are the essence of this session. Registration required.

#### **TUESDAY, AUG 13**

#### **VINYASA FLOW YOGA**

#### 5:30PM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click <a href="here">here</a> or call x1104.

# METEOR SHOWER WATCH PARTY AUGUST 12 11PM LEGETT YOUTH BUILDING

Bring a blanket and chair and wish on a shooting star. Watch the Perseid Meteor Shower from the beautiful Rocky Mountains! The first quarter moon sets at midnight leaving dark skies for the majority of the shower. No registration required.

#### **DORSEY MUSEUM PROGRAMS**

#### FRIDAY, AUG 9

#### 2PM - WEAVE THROUGH THE PAST

Have you ever wondered how people used to make their own snowshoes, curtains, or even sandals! Come learn about the history of weaving and create your own. Registration required, click <a href="https://example.com/here">here</a> or call x1104.

#### **SATURDAY, AUG 10**

#### 10AM - ARCHAEOLOGY HIKE

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click <a href="https://example.com/here">here</a> or call x1104.

#### **TUESDAY, AUG 13**

#### 8:30AM - BREAKFAST AT THE MUSEUM

Come learn about exciting new projects, share in fellowship and have your questions answered by Julie Watkins, President/CEO; Shannon Jones, Estes Park Center General Manager, and additional members of the Association Leadership Team. Free breakfast included with the presentation.

#### 2:30PM - DOLL MAKING

Create your own doll and learn how young girls in the 1880's made dolls prior to modern technology. Registration required, click <a href="here">here</a> or call x1104.

#### WEDNESDAY, AUG 14 10AM - GRANDMAS BYGONE GAMES

Stop by the Museum porch to enjoy some bygone games from the past. Learn how to play jacks, checkers, hop scotch and more! No registration required.

#### **1PM - STAFF ALUMNI GATHERING**

Drop by the musuem to meet other staff alumni. Share stories and reminisce about your time as a staff member at YMCA of the Rockies. You'll also have an opportunity to find yourself in our annual staff photos too. Registration not required.

#### 2PM - ANNA WOLFRAM

Meet Anna Wolfram Dove and learn about her life as the first independent female homesteader in the Estes Valley. In addition to being a homesteader, Anna was also a teacher and savy businesswoman running the Wigwam tearoom for years. Hear about her adventures! Registration not required.

#### **THURSDAY, AUG 15**

#### **10AM - PRESIDENT TEDDY ROOSEVELT**

Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Includes Q&A time with Teddy. Bully, Bully!

#### 1PM - ARCHAEOLOGY HIKE

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click <a href="https://example.com/here">here</a> or call x1104.

#### **CAMPFIRE OPPORTUNITIES**

#### **SMORES KIT**

#### **AVAILABLE AT SWEET MEMORIAL**

Ready for a classic camp treat? Stop by sweet memorial to pick up a smores kit. Includes graham crackers, marshmallows, chocolate and roasting stick. \$6, Serves 4.

#### **COMMUNITY FIRE**

#### FRIDAY-7:45PM & SATURDAY and THURSDAY-5:30PM

Come join a free community campfire at the Main Fire Ring outside of the Administration Building. Feel free to bring your own s'mores supplies.

#### **COOKOUT AND CAMPFIRE**

#### TUESDAYS - 5:30PM-8PM

#### **RESERVATION REQUIRED - LIMITED AVAILABLITY**

Meet at Upper Cookout at 5:30 PM to enjoy a delicious dinner grilled up by our Food Service team. At 6:30 PM, we will begin a family-friendly campfire program with songs, skits, and games! Adults (13+) \$25/person; Children (2-12) \$16.50/person. Click <a href="here">here</a> or call x1104 to register.

#### **FIRE RING RENTAL**

#### **RESERVATION REQUIRED**

Reserve one of our six fire rings located throughout property. Available every day from 5:30-7:30 or 7:45-9:45 for \$30. Rental includes 2 bundles of firewood, fire starter and matches. Pick up materials from Sweet.

Age Ranges Family Programs (all ages) Little Learners (6 and under) Locations: Legett Youth Building (Legett YB) Sweet Memorial (Sweet)

Young Adult+ (10 & up) 🌣

#### FRIDAY, AUG 9

8:00AM \* Little Explorers @ Sweet 10:15AM \* Woolly Worm Hunt @ Sweet 10:30AM\* Children's Story Time @ Library 10:30AM ☼ Knots @ Sweet 12:30PM 🌣 Survival @ Sweet 1:00PM \* Bugs, Bugs, Bugs @ Sweet 1:45PM <sup>‡</sup> Bird is the Word @ Sweet 2:15PM Fire Quest @ Sweet 4:30PM \* Parachute Games @ Sweet

5:30PM ☼ Walk in the Woods @ Sweet 

#### **SATURDAY, AUG 10**

9:00AM \* Little Explorers @ Sweet 

11:00AM \$ Bird is the Word @ Sweet 1:45PM 🌣 Walk in the Woods @ Sweet

3:30PM <sup>‡</sup> Creek Stompin (a) Dorsey Pond

#### **SUNDAY, AUG 11**

9:00AM \* Little Explorers @ Sweet 10:30AM ☼ Knots @ Sweet 11:00AM # Bird is the Word @ Sweet 1:00PM \* Parachute Games @ Sweet 1:45PM 🜣 Survival @ Sweet 2:00PM \$ Slime @ Sweet

3:15PM \$ Kickball @ Sweet 3:30PM Fire Quest @ Sweet

5:30PM \$ BINGO @ Sweet 

#### **MONDAY, AUG 12**

9:00AM \* Little Explorers @ Sweet 9:15AM Floor Hockey RR 10:30AM ☼ Knots @ Sweet 1:00PM \* Parachute Games @ Sweet 1:45PM 🜣 Survival @ Sweet 2:00PM \$ Tower Power @ Sweet 3:15PM \$ Kickball @ Sweet 5:30PM \$ BINGO @ Sweet 

#### **NIGHT WALK EVERY NIGHT**

Experience the Ys night life, learn about nocturnal animals, and play night games! Short hike without flashlights, recommended ages 6+. Meets at Sweet Memorial, registration is required, call x1104.

#### TUESDAY, AUG 13

9:00AM \* Little Explorers @ Sweet 1:00PM \* Parachute Games @ Sweet 1:45PM 🜣 Walk in the Woods @ Sweet 3:15PM # Gaga Ball @ Sweet 3:30PM <sup>‡</sup> Fire Quest @ Sweet

**WEDNESDAY, AUG 14** 9:00AM \* Little Explorers @ Sweet

10:30AM ☼ Knots @ Sweet 11:00AM <sup>‡</sup> Bird is the Word @ Sweet 1:00PM \* Parachute Games @ Sweet 1:45PM 🌣 Survival @ Sweet 

#### **THURSDAY, AUG 15**

9:00AM \* Little Explorers @ Sweet 1:00PM \* Parachute Games @ Sweet 1:45PM 🜣 Walk in the Woods @ Sweet 

## **CRAFT CLASSES**

#### Registration required

Registration Required, Click Here or call x1104 to register. Refunds not given within 24 hours of a paid program.

#### FRIDAY, AUG 9

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **SATURDAY, AUG 10**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 10:30AM Pony Bead Animal Keychain 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **SUNDAY, AUG 11**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Cyanotype Sun Printing 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **MONDAY, AUG 12**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Rubber Block Printing 1:00PM Custom Earrings 2:30PM Custom Bracelet

#### **TUESDAY, AUG 13**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **WEDNESDAY, AUG 14**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **THURSDAY, AUG 15**

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

#### **CAN YOU FIND THE GOLDEN NUGGETS?**

Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. Check out the Glacier Creek and Wind River trails. If you collect one, turn in at the Boone Family Mountain Center for a special prize! One prize per person.

#### **PROGRAM DESCRIPTIONS**

#### **FAMILY FUN**

#### **ANIMAL DETECTIVE (1hr)**

Learn about animals at the Y! We will observe tracks, scat, bones, and antlers, then use your skills to see what animal clues can be found outside.

#### **BIRD IS THE WORD (1hr)**

Come learn about fall birds in our area and make your very own bird feeder.

#### **CREEK STOMPIN (1hr)**

Learn what makes a healthy waterway, and the importance of keeping our water clean! FIRE OUEST (1hr)

Fire can be a life-saving tool outdoors. Come learn how to

#### MINERAL MAGIC (1hr)

spark safe fires.

Elevate your décor with unique handmade rocks, adding a touch of elegance and intrigue to any space! PARACHUTE GAMES (30min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute.

#### SURVIVAL (1.5hr)

Learn some important skills to help you stay safe in the wilderness. TOWER POWER (1hr)

Unleash your inner engineer and build towering structures

#### WALK IN THE WOODS (1.5hr)

Take a leisurely hike around property to explore the trees, plants, and animals in our area! **LITTLE LEARNERS** 

#### FOR KIDS UNDER AGE 6:

#### LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around

#### **WOOLLY WORM HUNT (30 min)**

Join our adventurous hunt for the mysterious wooly worms and learn about how animals use camouflage. **BEGINNER CRAFTS** 

#### **ELASTIC JEWLERY \$10**

String beads onto elastic cord for one necklace or two bracelets. Designed for ages 4 and up. **INTERMEDIATE CRAFTS** 

#### FOR CRAFTERS OVER AGE 10:

**LEATHER BOOT CHARM \$ 10** Make one custom tooled pair of full

grain leather boot charms.

#### CUSTOM JEWELRY \$15-\$20

Learn the basic jewelry making techniques to create a custom pair of earrings, bracelet or necklace

#### **CYANOTYPE SUN PRINT \$20**

Make a bandana or paper prints using sunlight and objects in a timeless printmaking technique.

#### INTERMEDIATE PLUS CRAFTS FOR CRAFTERS OVER AGE 13:

#### RUBBER BLOCK PRINTING

Carve your design onto rubber blocks, print it onto paper or fabric, and bring your design to life.

## ON CAMPUS THIRD PARTY CONCESSIONAIRES



## IN ROOM MASSAGE THERAPY

#### WWW.HOMEGROWNYOGA.COM

(720) 218-1953 - TEXT!



Homegrown Yoga & Massage offers state-of-the-art therapeutic massage in the convenience of your lodge room or cabin. Simply designate a private space in a cabin or your lodge room. The licensed massage therapist will bring everything - music, massage table, linens, aromatherapy, hot stones, and more - to create a relaxing spa environment..

#### Hours of operation:

Open daily 9-5. Some evenings available.

#### To schedule your appointment:

**Text:** (720) 218-1953 - texting is the most reliable and guickest way!

Email: laura@homegrownyoga.com

Please let me know 1) your full name, 2) the number and length of massage(s) you'd like, 3) ideal day/time you'd like 4) the dates you are in Estes. Providing this information will expedite scheduling

All forms of payment accepted. Pay at time of service. Cash and room charge preferred, credit cards fine. No insurance reimbursement, venmo or paypal.

#### Yoga Classes:

Private individual and group classes available. See Homegrown's website for details.

### **Services and Prices:**

#### Mobile Massage Only Summer 2024

30 Min.	\$85	Perfect for achy feet or a great neck and back massage. (Only available with two or more massages)
60 Min.	\$130	Perfect for full body massage focusing on relaxation and health promotion
90 Min.	\$180	Allows additional time to focus on a certain pain issue
120 Min.	\$230	Allows time for multiple modalities and an in -depth full body massage

No Time Add Ons:

Hot Stone: \$20 Body Brushing: \$20 (You take brush home)

Deep Tissue: Included

Complementary Aromatherapy

#### \*48 HOUR CANCELLATION POLICY OR FULL CHARGE

CONTACT HOMEGROWN YOGA AND MASSAGE DIRECTLY TO BOOK - (720) 218-1953 - TEXT IS BEST



## SASQUATCH FLY FISHING ADVENTURES

(970) 586-3341 x1153 7:30AM - 5PM

All inclusive fly fishing trips available everyday. Private trips available everyday, call to book. Trips include all gear and flies, one day licenses or day pass may be required. Equipment available to rent for independent use.

#### Things to Know for Your Trip

- Trips are all inclusive All gear and flies included at no extra cost! You must have someone sign up for our trips (email, call or stop by our desk - located inside the Boone Family Mountain Center).
- AGE MINIMUM: Must be at least 12 years old to attend a fly-fishing outing. EXCEPTION: Family Fun Trips are open to ALL ages! Ages 12+ will fly fish while ages 11 and under will spin fish.
- Most trips have a minimum (2 people) and a maximum (varies) number of participants. 1 person trips will go out for an extra fee or be combined with other trips.
- What to bring: extra clothing, raingear, sunscreen, polarized sunglasses, tip for the guide; as needed - fishing license, water, snacks, possibly lunch / dinner (see desk).

- Trip Rates • Fly Fishing The YMCA: \$50.00 (no license needed)
- ½ Day Trips: \$75.00
- ¾ Day Trips: \$95.00
- All Day Hike: \$125.00
- Family Fun Trip: 11 & under \$38.00 / 12+ \$58.00
- Family Fun Cookout: 11 & under \$43.00 / 12+ \$63.00
- Belly Boat: Drive To \$110.00 / Backcountry \$145.00
- Fish n' Golf: \$120.00 (all-inclusive\*)

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Backcountry Belly Boating Trip 6:45am— 3:30pm Fly Fishing YMCA 1:30 — 3:45	1/2 Day Fly Fishing 7:45am -12:30pm	1/2 Day Fly Fishing 7:45am -12:30pm 1/2 Day Evening Experience COOKOUT! 4:00pm – 9:00pm	3/4 Trip to the National Park 7:00am – 2:30pm	3/4 Trip to the National Park 7:00am – 2:30pm Backcountry Belly Boating Trip 6:45am– 3:30pm	3/4 Trip to the National Park 7:00am – 2:30pm Fly Fishing YMCA 1:30 – 3:45	All Day Hike n Fish 6:30am – 5:30pm (amazing fishing!) 1/2 Day Fly Fishing
Family Fun Trip	Fly Fishing YMCA	Fly Fishing YMCA	Family Fun Trip	Family Fun Trip	Family Fun Trip	1/2 Day Fly Fishing
8am -12pm	1:30 – 3:45	1:30 – 3:45	8am -12pm	8am -12pm	8am -12pm	7:45am -12:30pm
Evening 1/2 Day	Evening 1/2 Day		Family Fun <b>Cookout</b>	Evening 1/2 Day	Family Fun <b>Cookout</b>	Family Fun <b>Cookout</b>
4:30pm – 9:00pm	4:00pm – 9:00pm		4:00pm – 8:30pm	4:00pm – 9:00pm	4:30pm – 8:30pm	4:30pm – 8:30pm

## ON CAMPUS THIRD PARTY CONCESSIONAIRES



## JACKSON STABLES, INC.

(970) 586-3341 x1140 or x1149 7:15AM - 6:00PM

JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 230 pounds.

MONDAY	WEDNESDAY	FRIDAY
8:00am 2 hr. Moraine Park	8:00am 2 hr. Emerald Mountain	8:00am 2 hr. Moraine Park
8:20am 2 hr. Moraine Park	8:40am 3 hr. Beaver Meadows	8:40am 3 hr. East Portal
8:40am 1 hr. Glacier Basin	9:00am 1 hr. Glacier Basin	9:00am 1 hr. Deer Meadows
9:00am 1 hr. Deer Meadows	10:30am 1 hr. Deer Meadows	10:30am 1 hr. Glacier Basin
10:30am 1 hr. Deer Meadows	1:00pm 2 hr. Emerald Mountain	1:00pm 2 hr. Emerald Mountain
1:00pm 2 hr. Moraine Park	1:20pm 2 hr. Moraine Park	1:40pm 1 hr. Deer Meadows
1:40pm 3 hr. East Portal	1:40pm 1 hr. Deer Meadows	2:00pm 1 hr. Glacier Basin
2:00pm 1 hr. Glacier Basin	2:00pm 1 hr. Glacier Basin	3:30pm 2 hr. Moraine Park
3:30pm 2 hr. Moraine Park	3:30pm 2 hr. Moraine Park	4:00pm 1 hr. Deer Meadows
4:00pm 1 hr. Deer Meadows	4:00pm 1 hr. Glacier Basin	
TUESDAY	<u>THURSDAY</u>	SATURDAY
TUESDAY 7:40am 4 hr. Wind River	THURSDAY 8:00am 2 hr. Emerald Mountain	SATURDAY 7:40am 5 hr. Bierstadt Lake
7:40am 4 hr. Wind River	8:00am 2 hr. Emerald Mountain	7:40am 5 hr. Bierstadt Lake
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Mill Creek	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows 2:00pm 1 hr. Deer Meadows	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Emerald Mountain
7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Mill Creek 2:00pm 1 hr. Deer Meadows	8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows 2:00pm 1 hr. Deer Meadows 3:30pm 2 hr. Moraine Park	7:40am 5 hr. Bierstadt Lake 8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Cub Canyon
	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Glacier Basin 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. East Portal 2:00pm 1 hr. Glacier Basin 3:30pm 2 hr. Moraine Park	8:00am 2 hr. Moraine Park 8:00am 2 hr. Emerald Mountain 8:20am 2 hr. Moraine Park 8:40am 3 hr. Beaver Meadows 8:40am 1 hr. Glacier Basin 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Emerald Mountain 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. East Portal 1:40pm 1 hr. Deer Meadows 2:00pm 1 hr. Glacier Basin 2:00pm 2 hr. Moraine Park 3:30pm 2 hr. Moraine Park 3:30pm 2 hr. Moraine Park



Family hayrides with marshmallow roasts are offered during the week \$30 per person. Please call for dates and times.

#### HORSE RIDING TRAIL INFORMATION

<u>PONY RIDES:</u> The livery is proud to offer the "Minnie Mouse Pony Trail." Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: \$30.00 per child. Available times: Daily: 8:30am-11:30am/1:00-4:30pm.

<u>DEER MEADOWS:</u> A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first-time riders.

<u>GLACIER BASIN:</u> This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

MORAINE PARK: This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

EMERALD MOUNTAIN: This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

3-HOUR RIDE TO BEAVER MEADOWS, CUB CANYON, EAST PORTAL or MILL

<u>CREEK:</u> A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide. These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

4-HOUR RIDE TO WIND RIVER: This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wildflowers are abundant. There is a short rest break about halfway through the ride nestled along Wind River.

<u>5-HOUR RIDE TO BIERSTADT LAKE:</u> This ride makes a continuous loop beginning in the lower Mill Creek area, on the way to the summit of the Bierstadt Lake shores and returns through Glacier Basin. Expect fantastic views of Longs Peak and a variety of sceneries not seen from our other rides. (This ride is not designed for first time riders.)

HAYRIDES: Private and Open horse-drawn hayrides are available throughout the summer. Cost is \$30.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.