ACTIVITY SCHEDULE FRIDAY, JUNE 7— THURSDAY, JUNE 13 YMCA OF THE ROCKIES- ESTES PARK CENTER



Children under the age of 13 must be accompanied by an adult at all times.

Some programs require advanced registration, click here or call x1104 to sign up.

PROGRAM FACILITY HOURS

	Fri, June 7	Sat, June 8	Sun, June 9	Mon, June 10	Tues, June 11	Wed, June 12	Thurs, June 13
SWEET MEMORIAL	Stop by to get a f games, puzzles, d	full schedule of act lisc golf equipment	tivities, and plan o t and more! Quest	out your fun! Checl ions? Call us at x	out our game roo 1104.	om in the basemen	t! Sign out board
	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM
BOONE FAMILY MOUNTAIN		oign up for hikes, visit our nature center, or get info about our outdoor activities! Plus, find tons of information about hikin ooth at the Y and in the National Park. Questions? Call x8402.					tion about hiking,
CENTER	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM
DUNCAN FAMILY CLUBHOUSE AND		Check out sports equipment including volleyballs, kickballs, mini golf equipment, pickleball and tennis equipment and more. Located between mini golf and Benbrook Courts. Children 12 and younger must have an adult. Questions? Call x1134.					
BENBROOK COURTS	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM
LULA W. DORSEY MUSEUM				YMCA of the Rock s? Call us at x113	ies. Guided tours a 6.	available, no regist	ration required.
	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM	10:30AM-5PM	9AM-5PM	9AM-5PM
MAUDE JELLISON	Grab a good book	c, cup of coffee, a	nd get cozy . Que	stions? Call us at :	k1133.		
LIBRARY	9AM-7PM	9AM-7PM	1PM-5PM	9AM-7PM	9AM-7PM	9AM-7PM	9AM-7PM
MOOTZ FAMILY CRAFT & DESIGN	Drop in crafts available everyday, prices and availability vary. Glazed ceramics and Glass fusion be ready for pick up at the next day. No new projects after 4:30PM, clean up at 4:45PM. Quest						
CENTER	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM
DORSEY SWIMMING POOL	Maximum capacity limits may apply. Pool is closed during lightning storms. Pool will be cleared 5 minutes before closing time Call x1135 for space availability and weather conditions. Towels provided. OPEN SWIM - Swim time for all, come to play or swim laps! Kids 12 and under must have an adult in the building at all times. Kids 7 and under must have an adult in the water. The water slide is open at the lifeguards' discretion.					_	
	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 9AM-11:30 3PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 3PM-5PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM
BOB ECKER	Roller skates provided. Roller blades are welcome, but not provided. Qu			Questions? Call x1104			
ROLLER RINK	5:30PM-8:30PM	5:30PM-8:00PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	7:30PM-9:30PM	5:30PM-9:30PM

ON PROPERTY SELF GUIDED WALKING TOUR

These informative strolls explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in! QR Codes are available in Sweet Memorial and the Museum.

PUBLIC ART TOUR | WALK ABOUT THE Y HISTORY TOUR

LOST? **CHECK OUT OUR PROPERTY MAP**





WANT TO HIKE? CHECK OUT OUR







FREE FAMILY PROGRAMS

Age Ranges Family Programs (all ages) \$\\$ Little Learners (6 and under) * Locations: Legett Youth Building (Legett YB) Sweet Memorial (Sweet)

Young Adult+ (10 & up) 🌣

FRIDAY, JUNE 7

8:00AM * Little Explorers @ Sweet 10:15AM * Woolly Worm Hunt @ Sweet 10:30AM* Children's Story Time @ Library 10:30AM ☼ Knots @ Sweet 12:30PM 🌣 Survival @ Sweet 1:00PM * Bugs, Bugs, Bugs @ Sweet 2:15PM Fire Quest @ Sweet 4:30PM * Parachute Games @ Sweet 5:30PM ☼ Walk in the Woods @ Sweet 5:45PM \$ 4 Square @ Sweet 6:00PM \$ BINGO @ Sweet 7:00PM \$ Trivia @ Sweet

SATURDAY, JUNE 8 8:00AM * Little Explorers @ Sweet 10:30AM* Children's Story Time @ Library 10:30AM ☼ Knots @ Sweet 12:30PM ☼ Survival @ Sweet 1:00PM * Bugs, Bugs, Bugs @ Sweet 1:30PM 🌣 Navigation Games @ Sweet 1:45PM \$ Bird is the Word @ Sweet 2:15PM Fire Quest @ Sweet 2:30PM \$ Creek Stompin @ Dorsey Pond 2:45PM \$ Kickball @ Sweet 3:15PM \$ Tower Power @ Sweet 3:30PM *Jr. Survival @ Sweet 4:30PM *Parachute Games @ Sweet 5:30PM ☼ Walk in the Woods @ Sweet 6:00PM \$ BINGO @ Sweet 7:00PM \$ Trivia @ Sweet 7:45PM # Ultimate Frisbee @ Sweet

9:30PM \$ Stargazing (a) Legett YB

SUNDAY, JUNE 9

8:00AM * Little Explorers @ Sweet 10:15AM * Woolly Worm Hunt @ Sweet 10:30AM ☼ Knots @ Sweet 12:30PM 🌣 Survival @ Sweet 1:00PM * Bugs, Bugs, Bugs @ Sweet 2:15PM Fire Quest @ Sweet 2:15PM \$ Slime @ Sweet 3:30PM * Critter Crafts @ Sweet 4:30PM * Parachute Games @ Sweet 5:30PM ☼ Walk in the Woods @ Sweet 7:00PM

Trivia (a) Sweet

MONDAY, JUNE 10 8:00AM * Little Explorers @ Sweet

10:15AM *Woolly Worm Hunt @ Sweet 10:30AM* Children's Story Time @ Library 10:30AM ☼ Knots @ Sweet 11:45AM # Origami @ Sweet 12:30PM ☼ Survival @ Sweet 1:00PM * Bugs, Bugs, Bugs @ Sweet 1:30PM [‡] Up, Up and Away @ Sweet 2:15PM Fire Quest @ Sweet 2:15PM \$ Marshmallow Catapult @ Sweet 2:30PM [‡] Creek Stompin @ Dorsey Pond 2:45PM \$ Kickball @ Sweet 3:30PM * Critter Crafts @ Sweet 4:30PM * Parachute Games @ Sweet 5:30PM TW Walk in the Woods @ Sweet

NIGHT WALK REGISTRATION REQUIRED EVERY NIGHT

5:45PM \$ 4 Square @ Sweet

7:45PM \$ Capture the Flag @ Sweet

9:30PM \$ Stargazing @ Legett YB

6:00PM \$ BINGO @ Sweet

7:00PM \$ Trivia @ Sweet

8:30PM -10:00PM
Experience the Ys night life,
learn about nocturnal animals,
and play night games! Short
hike without flashlights,
recommended ages 6+. Meets
at Sweet Memorial, registration
is required, call x1104.

TUESDAY, JUNE 11

No registration required.

8:00AM * Little Explorers @ Sweet 10:30AM* Children's Story Time @ Library 10:30AM 🌣 Knots @ Sweet 11:45AM # Origami @ Sweet 12:30PM 🌣 Survival @ Sweet 1:00PM * Bugs, Bugs, Bugs @ Sweet 1:30PM 🌣 Navigation Games @ Sweet 2:15PM Fire Quest @ Sweet 2:15PM # Mineral Magic @ Sweet 2:45PM \$ Kickball @ Sweet 3:15PM **§** Tower Power **ⓐ** Sweet 3:30PM * Jr. Survival @ Sweet 4:30PM * Parachute Games @ Sweet 6:00PM \$ BINGO @ Sweet 7:45PM # Ultimate Frisbee @ Sweet

WEDNESDAY, JUNE 12

8:00AM * Little Explorers @ Sweet
8:45AM \$ Animal Detective @ Sweet
9:45AM \$ Floor Hockey @ Roller Rink
10:15AM \$ Woolly Worm Hunt @ Sweet
10:30AM* Children's Story Time @ Library
10:30AM \$ Knots @ Sweet
11:45AM \$ Origami @ Sweet
12:30PM \$ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM \$ Up, Up and Away @ Sweet
1:45PM \$ Bird is the Word @ Sweet
2:15PM \$ Fire Quest @ Sweet
2:15PM \$ Slime @ Sweet

4:30PM * Parachute Games @ Sweet 5:30PM ☆ Walk in the Woods @ Sweet 5:45PM § 4 Square @ Sweet

6:00PM § BINGO @ Sweet 7:00PM § Trivia @ Sweet

7:45PM \$ Capture the Flag @ Sweet 9:30PM \$ Stargazing @ Legett YB

8:00AM * Little Explorers @ Sweet

THURSDAY, JUNE 13

9:45AM \$ Floor Hockey @ Roller Rink
10:15AM \$ Sidewalk Chalk @ Sweet
10:30AM Children's Story Time @ Library
10:30AM Knots @ Sweet
11:45AM \$ Origami @ Sweet
12:30PM Survival @ Sweet
1:00PM Bugs, Bugs, Bugs @ Sweet
1:30PM Navigation Games @ Sweet
1:45PM Bird is the Word @ Sweet
2:15PM Fire Quest @ Sweet
2:15PM Marshmallow Catapult @ Sweet

2:15PM

Marshmallow Catapult

Sweet

Swee

2:30PM
© Creek Stompin (a) Dorsey
2:45PM
© Kickball (a) Sweet

5:30PM 🌣 Walk in the Woods @ Sweet

6:00PM \$ BINGO @ Sweet 7:00PM \$ Trivia @ Sweet

7:45PM \$ Ultimate Frisbee @ Sweet 9:30PM \$ Stargazing @ Legett YB

PROGRAM DESCRIPTIONS

FAMILY FUN

ANIMAL DETECTIVE (1hr)

Learn about animals at the Y! We will observe tracks, scat, bones, and antlers, then use your skills to see what animal clues can be found outside.

BACKYARD BEARS (30min)
Discover the fascinating world
of black bears and learn to live
in harmony with these magnificent

BIRD IS THE WORD (1hr)

animals.

Come learn about fall birds in our area and make your very own bird feeder.

CREEK STOMPIN (1hr)

Get your feet wet in this intro to our mountain lakes and streams. Learn what makes a healthy waterway, and the importance of keeping our water clean!

FIRE QUEST (1hr)

Fire can be a life-saving tool outdoors. Come learn how to use various methods to spark safe fires

MINERAL MAGIC (1hr)

Elevate your décor with unique handmade rocks, adding a touch of elegance and intrigue to any space! NAVIGATION GAMES (1hr)

Practice your navigation skills using your wits and a map!

PARACHUTE GAMES (30min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute.

SURVIVAL (1.5hr)

Learn some important skills to help you stay safe in the wilderness.

TOWER POWER (1hr)

Unleash your inner engineer and build towering structures

WALK IN THE WOODS (1.5hr)
Take a leisurely hike around

property to explore the trees, plants, and animals in our area!

WHAT ABOUT WOLVES(30min)
Learn about the effect of these

Learn about the effect of these large carnivores on their ecosystems.

LITTLE LEARNERS

FOR KIDS UNDER AGE 6:

BUGS, BUGS, BUGS (30 min)

Caterpillars, worms, beetles, butterflies, and more! Dig into what bugs look like, and what makes these crawly critters so cool!

LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills.

WOOLLY WORM HUNT (30 min)

Join our adventurous hunt for the mysterious wooly worms and learn about how animals use camouflage.

RITTER CRAFT (1hr)

Craft an animal masks and then step into the shoes of their favorite Rocky Mountain creatures.

Archery, Axe Throwing, Climbing \$12/person. Aerial Challenge Course \$45/person. Click <u>Here</u> or call x1104 to check availability. Refunds not given within 24 hours of a paid program, unless the cancellation is due to weather.

NEW! AERIAL CHALLENGE COURSE

Located at the Boone Family Mountain Center. Traverse from tree to tree, well above the forest floor on our new high ropes course. Each session begins with a 30 minute ground school that each participant must pass before entering the course. People with known heart conditions or who are pregnant may not participate. Participants must be between 35 and 250 pounds and meet the minimum height requirement of 4'9. Up to 10 people per session.

OUTDOOR ARCHERY

Located at the Main Archery Range. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6 and older, up to 12 people per session.

NELSEN FAMILY INDOOR CLIMBING WALL

Located at the Boone Family Mountain Center. The indoor climbing wall is modeled to look and feel like real rock! Climb to the top of the 25-foot wall, or stay low to the ground on the bouldering wall. Open to ages 5 and older, up to 8 people per session.

OUTDOOR AXE THROWING

Located at the Main Axe
Throwing Range. learn the
basics of axe-throwing and
have fun aiming for a
bullseye! Open to ages 6
and older, up to 12 people
per session.



ROCKY MOUNTAIN NATIONAL PARK 970-586-1206

Do you have questions about timed entry permits, road conditions, construction, or entrance fees? Click here to visit the Rocky Mountain National Park website, or call 970.586.1206 to speak to the information office.

SUSTAINABLITIY AT THE Y

How many sustainability icons can you find in the Activity Guide? Bring your answer to Sweet Memorial for a prize!

At YMCA of the Rockies, we are committed to an emissions reduction goal that aims to cut our greenhouse gas emissions by a minimum of 50% by 2050.

Objectives included in the plan address 8 sustainability sectors. Learn about a few below, check out our website to learn about the other sectors and more about our sustainability practices and goals.

REDUCING EMISSIONS

WASTE: Expand recycling, divert food waste from the landfill and reduce overall waste generation.

REDUCING LOCAL IMPACT

WATER: Maximize water efficiency and water quality of local streams

RESILIENCE AND LAND MANAGEMENT: Increase resilience and fire preparedness through sustainable land stewardship practices.

ENGAGING VISITORS

EDUCATION AND ENGAGEMENT: Engage guests in campus sustainability opportunities and education, and continuously share our story with guests and visitors.

CHAPEL ACTIVITIES

FRIDAY, JUNE 7 9:30AM - BIBLE STUDY

You were made for this moment. How the story of Esther inspires us to step up and stand out for God. Meet at Dannen Chapel.

7PM - FRIDAY NIGHT FAITH FILMJoin us in Hyde Chapel for a showing of *On a Wing and a Prayer.*

SUNDAY, JUNE 9 10:00AM - WORSHIP IN THE ROCKIES

Worship with us in Hyde Chapel. Everyone is invited to join us for this great hour of worship!

7:00PM - ILLUSIONISTS

Join us in Hyde Chapel for an exciting performance by David and Teesha Laflin.

MONDAY, JUNE 10 5:00PM - ADVENTURE MINISTRY ARCHERY

Meet at the Main Archery Range and join our staff for some Archery lessons, then enjoy a short devotion connecting biblical truths to the Archery experience. Limited to 15 participants, age 6 and older. To sign up, call X1104 or click

TUESDAY, JUNE 11

9:30AM - WORSHIP HIKE TO BIBLE POINT

Join us for a 2.5 mile hike to Bible Point where we will join in prayer and song. This is a strenuous hike and participants should wear good hiking shoes/boots, and bring water. Please meet at the gas firepit outside of Hyde Chapel.

WEDNESDAY, JUNE 12 1PM - BIBLE STUDY

Don't give the enemy a seat at your table. It's time to win the battle of your mind. We need to recognize the thoughts that are not from God. A study written by Louie Giglio. Meet at Dannen Chapel.

5:00PM - ADVENTURE MINISTRY ARCHERY

Meet at the Main Archery Range and join our staff for some Archery lessons, then enjoy a short devotion connecting biblical truths to the Archery experience. Limited to 15 participants, age 6 and older. To sign up, call X1104 or click here.

6:30PM - VESPERS COMMUNION SERVICE

Join us in Dannen Chapel for our communion service.

7:30PM - CAMPFIRE WORSHIP SING-A-LONG

Join us at the gas firepit outside of Hyde Chapel to worship and sing. ADDITIONAL CHAPEL PROGRAMS

INTERACTIVE PRAYER TRAIL

Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession.

LABYRINTH

Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum.

BIBLE POINT TRAIL

Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. Pick up a map in the Mountain Center.

24/7 PRAYER DANNEN CHAPEL

Entrance located on the outside northeast corner of Hyde Chapel, open 24/7 for your prayer needs.

BEATITUDE STUDY TRAIL

Enjoy a 1 mile hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." Trailhead is located at Dorsey Lake

STORY WALK

Enjoy a children's book on a short walk equipped with reading stations. Begins on the walking path by the Hyde Chapel fire pit.

LAWN GAMES

Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you wish!



CRAFT CLASSES

Registration required

Registration Required, Click Here or call x1104 to register. Refunds not given within 24 hours of a paid program. All classes meet at the Mootz Family Craft and Design Center.

FRIDAY. JUNE 7

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

SATURDAY, JUNE 8

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 10:00AM Galaxy Painting 1:00PM Custom Earrings 1:00PM Galaxy Painting 2:30PM Custom Bracelet 3:30PM Custom Necklace

SUNDAY. JUNE 9

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 1:00PM Cyanotype Sun Prints 2:30PM Custom Bracelet 3:30PM Custom Necklace

MONDAY, JUNE 10

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 1:00PM Rubber Block Printing 2:30PM Custom Bracelet 3:30PM Custom Necklace

TUESDAY, JUNE 11

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace

WEDNESDAY, JUNE 12

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 1:00PM Cyanotype Sun Prints 2:30PM Custom Bracelet 3:30PM Custom Necklace

THURSDAY, JUNE 13

10:00AM Elastic Bracelets or Necklaces 10:00AM Leather Boot Charms 1:00PM Custom Earrings 2:30PM Custom Bracelet 3:30PM Custom Necklace



BEGINNER CLASSES

DESCRIPTIONS

CRAFT CLASS

ELASTIC BRACELET OR NECKLACE \$10

String beads onto elastic cord for one necklace or two bracelets. Designed for ages 4 and up. **INTERMEDIATE CLASSES**

FOR CRAFTERS OVER AGE 10:

LEATHER BOOT CHARM \$10 Make one custom tooled pair of full grain leather boot charms.

CUSTOM JEWELRY \$15-\$20

Learn the basic jewelry making techniques to create a custom pair of earrings, bracelet or necklace

CYANOTYPE SUN PRINT \$20

Make a bandana or paper prints using sunlight and objects in a timeless printmaking technique.

GALEXY PAINTING \$10

Enjoy a fast-paced class and take home your own unique creation that's out of this world!

INTERMEDIATE PLUS CLASSES

FOR CRAFTERS OVER AGE 13: RUBBER BLOCK PRINTING

Carve your design onto rubber blocks, print it onto paper or fabric, and bring your design to life.

LIVE MUSIC PERFORMANCES

MONDAY, JUNE 10

LIVE MINI CONCERT: THE FLYIN' A'S

6:30PM - MAUDE JELLISON LIBRARY

Come enjoy the rockin' bluesy style of the Flyin' A's from Austin , TX outdoors on the north lawn of the Maude Jellison Library. This mini-show will feature the newly minted song created just that afternoon by young guests at the Y. **WEDNESDAY, JUNE 12**

COWBOY BRAD SING-A-LONG

7PM - KATHIE MENNEL AMPATHEATER

Join local singer/songwriter/guitarist Cowboy Brad at the Kathie Mennel Outdoor Amphitheater by the Mountain Center for songs and fun for the whole family! Please call Sweet Memorial (ext. 1104) in case of inclement weather.

THURSDAY, JUNE 13

SUMMERFEST CONCERT - THE FLYIN' A'S

7PM - KATHIE MENNEL AMPATHEATER

Join The Flyin' A's for a high energy, family friendly, fun filled holiday show. They will perform a mix of original Texas Americana with a kick and holiday favorites for all to enjoy.

ARTISTS IN RESIDENCE

CARLY JOHNSON AND ROBERT BROWN GET CREATIVE WITH THEM!

Carly Johnson is a long time musician from Louisville. Since launching her own 8-13 piece band she has sung with many highly acclaimed artists. Robert Brown is a mixed media artist and self taught metal sculptor bas in Louisville. He is known for his signature disco ball sculptures.

SPECIAL EVENTS

FRIDAY JUNE 7

1PM - PROSPECTIVE STAFF TOURS

Are you interested in joining our team? See what we are all about, take a tour of campus and learn about all of the opportunities available! No registration required. Meet at the Gaylord Programming Building.

SATURDAY JUNE 8

8PM - TEEN DANCE NIGHT Join us at the roller rink for an evening dance party. All teens (ages 13+)

are invited to come to dance night! Dance instruction will be provided for line dances.

SUNDAY JUNE 9

6PM - LINE DANCING

Join Line Dancing Expert Jan Tenzer in this classic, boot-stomping activity for all ages. Meet at Jellison Youth Building. Closed-toed shoes preferred.

MONDAY JUNE 10

6PM - DRUM CIRCLE

Join local Nancy Bell at the Kathie Mennel Amphitheater to create musical sounds with other quests. Talented and non-talented musicians are all welcome! Instruments provided, but feel free to bring your own if you find something you think will work!

MONDAY, JUNE 10 ASSIST THE ARTIST

1PM - MOOTZ CRAFT AND DESIGN CENTER Join Robert Brown in creating a Paper Mache sculpture. Work on a disco ball that will be hung at the Y.

TUESDAY, JUNE 11 STORY TIME ACCOMPANIMENT

10:30AM - MAUDE JELLISON LIBRARY

Join Carly Johnson for a one of a kind story time experience with her custom musical additions. **WEDNESDAY, JUNE 12**

ASSIST THE ARTIST

1PM - MOOTZ CRAFT AND DESIGN CENTER Join Robert Brown in creating a Paper Mache sculpture. Work on a disco ball that will be hung at the Y.

THURSDAY, JUNE 12 ARTISIT WORKSHOP

1PM - MOOTZ CRAFT AND DESIGN CENTER **REGISTRATION REQUIRED**

Learn the art of Paper Mache with Robert Brown in this one hour workshop. This program is for participants 5 year or older. Registration is required, no cost for sign-up. Click here or call x1104 to register.

CAN YOU FIND THE GOLDEN NUGGETS?

Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. Check out the Glacier Creek and Wind River trails. If you collect one, turn in at the Boone Family Mountain Center for a special prize! One prize per person.

MAUDE JELLISON LIBRARY PROGRAMS MONDAY JUNE 10

2PM - CHILDREN AND FAMILY SONG WRITING WORKSHOP

We will work through the songwriting process and write a song all together including writing/creating the guitar accompaniment. We will record the song and email the lyrics and the mp3 of he original song created by kids to their parents! It will be a blast!

7PM - POEMSHARE: OPEN MIC

Read aloud your favorite poem, sing a song, play a song on the guitar (house guitar available) or just sit back and enjoy listening to the presentations. It is a casual evening on the beautiful north lawn of the Maude Jellison Library. All ages welcome. Evenings can get cool in the Rockies so bring a jacket or blanket.



MINDFUL MOVEMENT

SATURDAY, JUNE 8

VINYASA FLOW YOGA

9AM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click here or call x1104.

MONDAY, JUNE 10

ZUMBA

9AM - OUTDOOR BASKETBALL COURTS

Join Kelly Mann for a full body dance work out. Zumba encourages cardio through dance. Have fun outside moving with the mountains as a backdrop. No registration necessary. Meet on the Basketball Courts outside of the Admin Building.

TENNIS LESSONS

9AM - LITTLE LOBBERS - OUTDOOR TENNIS COURTS

This is a parent – child clinic for children 4 – 6 year olds, to better develop the child's basic hand and eye coordination, athletic skills along with tennis. Movement, balance, and proper techniques will be taught by using fun games from the USTA Net Gen curriculum. Registration required. Parents must accompany children.

10AM - NEW TO TENNIS - OUTDOOR TENNIS COURTS

Parent - child tennis clinic for children 7 and older (7 - 17 years). You will learn and play FUN games while getting a better understanding of proper stroke technique. Games and activities are from the USTA Net Gen curriculum. Registration required. Parents must accompany children.

11AM - LETS PLAY - OUTDOOR TENNIS COURTS

This session is for intermediate to advanced juniors that play in USTA Sanctioned Tournaments (10U - 18U), or are on middle or high school tennis teams, or compete in Junior Team Tennis (JTT). Fun games, drills and match play are the essence of this session. Registration required. Parents must accompany children 12 or younger.

TUESDAY, JUNE 11

VINYASA FLOW YOGA

5:30PM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats

DORSEY MUSEUM PROGRAMS

ARCHAEOLOGY HIKE

SATURDAY 10AM

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click here or call x1104.

BREAKFAST AT THE MUSEUM

TUESDAY 8:30AM

Come learn about exciting new projects, share in fellowship and have your questions answered by Julie Watkins, President/CEO; Shannon Jones, Estes Park Center General Manager, and additional members of the Association Leadership Team. Free breakfast included with the presentation.

PRESIDENT TEDDY ROOSEVELT

THURSDAY 10AM

Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Includes Q&A time with Teddy. Bully, Bully!

WOMEN'S BULIDING 100TH ANNIVERSARY

THURSDAY JUNE 13, 2024 - 9AM TO 4:30PM GUIDED EXHIBIT TOURS AT THE WOMENS BUILDING ALL DAY

The Women's Building was the first space women could gather for stimulating conversation and female fellowship. This building opened in 1924! Drop in any time to enjoy yard games, learn about the YMCA, and celebrate the 100th anniversary of the Women's Building.

SCHEDULE OF EVENTS

9:15AM - WELCOME CELEBRATION

Meet inside the Women's building for a celebration and a brief presentation on the history and importance of this space.

9:45AM - STAFF PHOTO

Join us and recreating the iconic photograph of the original women that used the space. Any current YMCA staff or volunteer who identify as women are encouraged to attend.

10:30AM - ANNA WOLFRAM

Meet Anna Wolfram and learn about her life as a female land owning homesteader and her impact on the Estes Valley.

1:00PM - DOLL MAKING

Create a doll from scratch and learn how dolls were made prior to modern technology.

3:00PM - HANNAH GOES WEST

Explore the life of Hanna and her family as they settled in the west. Explore the contents of the family's trunk to learn about their experience.

CAMPFIRE OPPORTUNITIES

SMORES KIT

AVAILIABLE AT SWEET MEMORIAL

Ready for a classic camp treat? Stop by sweet memorial to pick up a smores kit. Includes graham crackers, marshmallows, chocolate and roasting stick. \$6, Serves 4.

COMMUNITY FIRE

FRI, SUN, MON, WED 7:45PM-9:45PM

Come join a free community campfire at the Main Fire Ring outside of the Administration Building. Feel free to bring your own s'mores supplies.

FIRE RING RENTAL

RESERVATION REQUIRED

Reserve one of our six fire rings located throughout property. Available every day from 5:30–7:30 or 7:45–9:45 for \$30. Rental includes 2 bundles of firewood, fire starter and matches. Pick up materials from Sweet.

HIKE WITH A RANGER REGISTRATION REQUIRED

10AM - SUNDAY

Family friendly discovery hike into Rocky Mountain National Park with a ranger. Come drop by the Boone Family Mountain Center for the length of time you have available! Call x1104 or click here to register.

Requires sign up: Call the Boone Family Mountain Center at x1311 or click here to register. Hikes are free for YMCA of the Rockies guests and members. No call, no shows will incur a \$5 per person charge. Call x1311 to cancel your reservation, at least 24 hours in advance.

It is imperative that all hikers check in with the hiking desk no later than 5pm the day before the hike. Check in can be done in person or over the phone. Please bring your Y lodge room number or cabin name at that time. A variety of circumstances may change the schedule of any hike. All equipment will be provided for guided hikes requiring specialized snow equipment, such as snowshoes or microspikes. Please dress in layers and be prepared for snow and cold temperatures, especially for hikes higher than 8500' in elevation.

Hike Difficulty: A=Most Difficult B=Very Demanding C=Demanding D=Strenuous

E=Moderate Plus F=Moderate G=Easy H=Easiest

Prerequisites: To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (Hikemaster-led) hike of no more than two grades lower within two weeks before the hike. A "C" hike is the prerequisite for an "A" hike (A hikes may require additional hiker scrutiny due to the high level of physical demand); a "D" hike is the prerequisite for a "B" hike, etc.

aue to the high level of physic	cal demand); a "D" hike is the prerequis	ite for a B hike	, etc.	ı	1	T
	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
FRIDAY, JUNE 7						
7:00 AM –2:00 PM	Odessa Lake from Fern Lake TH	9.6	1850′	E	E	Larry S.
Climb past the pool, Fern Falls, a	and Fern Lake to a stunning Lake Odessa. Ei	njoy great views of	the Continental Divide a	nd Odessa Go	rge.	-
8:00 AM - 1:30 PM	South Lateral Moraine Hike	5.0	700′	F	E	Harvey H.
Hike through the montane fores	t along the southern border of Moraine Par	k. Enjoy excellent v	riews of Longs Peak and	the Continent	al Divide.	
8:30 AM - 1:00 PM	Castle Mountain and Window Rock	2.5	1150′	E	В	Dave M.
Fun bushwhack to views of Lum	py Ridge, then scramble to the exciting sum	mit. Off-trail with	rock scrambling and bush	nwhacking in s	teep terrain on	the downhill return
9:0 0AM - 12:00 PM	Moraine Park Loop	3.3	400′	G	F	Karen A.
Hike from the Y intro Rocky Mod	untain National Park and through a glacially	carved valley with	great views of the conti	nental divide.		
1:00 PM - 4:30 PM	Summit Loop	4.5	850′	F	F	Emma W.
Embark on a captivating journey	tracing the winding trails that gracefully si	nake along the easi	tern perimeter of the Y			
SATURDAY, JUNE 8						
7:00 AM -2:30 PM	Twin Lakes	7.7	1600′	E	D	Tammy F.
RMNP Wild Basin hike to two hi	Idden lakes. On trail to North Saint Vrain Ca	mpground, then of	f-trail, due north, steeply	uphill, to the	lakes.	
7:300 AM – 1:30 PM	Deer Mountain	6.0	1350′	F	F	Bill B.
Hike this historic trail up Deer R	lidge to a panoramic summit. From there we	can appreciate the	e 360 degree views while	avoiding the	Bear Lake corr	idor traffic!
8:30 AM – 12:30 PM	Rabbit Ears	3.2	300′	F	E	Harvey H. & Tom D.
Shorter hike with some boulder	hopping to explore Rabbit Ears formation o	verlooking Cow Cre	eek	•	'	•
1:00 PM -3:30 PM	Glacier Creek Loop	2.5	300′	G	F	Camryn H.
Hike to where the murmurs of the	he forest mingle with the gentle rush of flov	ving waters on a m	esmerizing hike through	the Montane	Forest's riparia	n ecosystem.
SUNDAY JUNE 9						
7:30 AM -1:30 PM	Ouzel Falls	5.5	900′	F	F	Harvey H.
Follow a forested trail up the No	orth St Vrain River past Copeland Falls, Caly	rpso Cascades and	the 1978 fire area to fee	el the spray fr	om the broad, i	impressive Ouzel Falls.
8:00 AM -2:30 PM	Double Dome	5.0	2200′	E	В	Dave M.
	to the top of one of the highpoints on Lump TO THE TERRAIN DIFFICULTY OF THIS HIKE,		• •		•	king and rock scrambling to
8:30 AM - 12:00 PM	Jurassic Park	2.5	900′	F	E	Karen A. & Larry S.
Hike above the Lily Lake Ridge to	rail to a wonderland of rock formations. Pai	rts of the trail are i	ough and steep. See the	often-photog	raphed Edge of	f Time climbing rock.
1:00 PM – 3:30 PM	Wind River Loop	2.0	200′	G	F	Emma W.
Starting at the Mountain Center	r, following in the footsteps of Native Ameri	cans along the bab	bling Wind River.	•	'	•
MONDAY, JUNE 10						
7:00 AM – 2:00 PM	Estes Cone	6.5	1600′	E	D	Bill B.
Longs Peak trail to rocky summi	it with panoramic views of Battle Mountain,	Longs Peak, Twin	Sisters, Lily Mountain and	d Estes Valley.	This trail has a	a steep scramble.
7:00 AM – 3:00 PM	Lookout and Horsetooth Peaks	8.0	2300′	D	В	Braden W.
• •	ulder hopping, and a final, 20 foot, rock scra AIN DIFFICULTY OF THIS HIKE, HELMETS RE	•	•			e of the caprock of Lookout
8:30 AM – 2:30 PM	Bridal Veil Falls	6.6	960′	F	E	Karen A.
Enjoy a blissful hike past histori	ic McGraw Ranch and through mountain med	adows to the rocky	grotto in Cow Creek can	yon.	1	1
1:00 PM - 4:30 PM	Bible Point	3.5	900′	F	F	Jacob M.
We will start by hiking along the	l Frolicking Glacier Creek, then head up Bible	Point, originally ca	alled "Buena Vista," which	n provides gre	at views into R	ocky Mountain National Park.
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GUIDED HIKI	NG CONTINUED					Registration required
	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
TUESDAY, JUNE 11	<u>'</u>		•			•
7:00 AM –2:00 PM	Gem Lake and Balanced Rock Loop	8.0	2100′	E	D	Dave M.
Hike past wonderful rock form	ations to a crystalline lake on Lumpy Ridge,	then on to a rock b	alancing impossibly on to	he tip of a spi	re.	1
7:30 AM - 2:00 PM	Lunch Rock	6.4	1200′	F	F	Wendy M.
Enjoy stopping for lunch upon	Lunch Rock, a gorgeous rock outcropping w	ith views of Odessa	a Gorge.			
8:30 AM -3:00 PM	Loch and Mills Lakes	6.5	1350′	F	F	Harvey H.
Hike to the large, trout-filled l	ake nestled in Loch Vale above Alberta Falls	then make your wa	y to Mills Lake, one of th	ne most pictur	esque lakes in t	he park.
9:0 0AM - 12:00 PM	Moraine Park Loop	3.3	400′	G	F	Bill B.
Hike from the Y intro Rocky M	ountain National Park and through a glacial	ly carved valley witi	n great views of the cont	inental divide.		•
1:00 PM – 4:30 PM	Summit Loop	4.5	850′	F	F	Clare K.
Embark on a captivating journ	ey tracing the winding trails that gracefully	snake along the eas	tern perimeter of the Y	•		•
WEDNESDAY, JUNE 12						
7:00 AM –3:30 PM	Andrews Tarn	8.5	2150′	D	D	Megan N.
Hike past The Loch and up And	drews Creek to the rocky, blue tarn below ar	active ice glacier.	This hike involves scramb	oling and light	bushwhacking.	•
:30 AM –12:00 PM	Sprague to Alberta Falls	4.0	750′	F	F	Bill B.
Climb a smooth trail past Nym	ph and Dream Lakes up to the beautiful gree	en gem-of-a-lake in	Tyndall Gorge. This hike	is perfect for	most families.	
3:00 AM – 1:30 PM	Steep Mountain	3.5	1150′	E	С	Larry S.
This hike is steepjust like th	e name of the mountain (and off-trail)! The	summit provides gre	eat views of Longs Peak	and the peaks	of the Continer	ntal Divide
3:00 AM - 11:00 AM	Wildflower Walk					Megan B. & Ginny K.
oin one of our naturalists for	an excursion to find and identify Rocky Mod	untain Wildflowers.				•
3:30 AM -12:30 PM	Bear to Bierstadt Lake	4.0	400′	G	F	Tom D.
Follow a mostly downhill trail t	through subalpine forest to Bierstadt Lake, t	then down the Biers	tadt Moraine. *Transpor	tation for this	hike will be pro	ovided by a YMCA mini bus*
:00 PM -3:30 PM	Glacier Creek Loop	2.5	300′	G	F	Jens J.
Hike to where the murmurs of	the forest mingle with the gentle rush of flo	wing waters on a n	nesmerizing hike through	the Montane	Forest's riparia	n ecosystem.
HURSDAY, JUNE 13						
:15 AM –3:15 PM	Spruce Lake	9.0	1500′	E	E	Tom D.
We will follow the trail almost	to Fern Lake then cut up to Spruce Lake, be	low The Gables and	Castle Rock.	•	•	
7:30 AM – 12:30 PM	Lake Haiyaha	4.0	850′	F	E	Karen A.
Enjoy a relaxed hike to the alp	ine lake, guarded by huge boulders and an 8	200 year-old limber	pine. "Haiyaha" is an ind	igenous word	meaning 'rock.'	•
3:00 AM - 1:00 PM	Wigwam Tearoom	4.5	900′	F	F	Larry S.
- Ollow along a gentle trail alor	ng Aspen Brook the historic Wigwam Tea Ho	use, site of the firs	t female Estes Valley hor	nesteader.		
3:30 AM – 3:00 PM	Longs Peak TH to the YMCA	9.3	900′	E	E	Wendy M.
Hike from the Longs Peak Rang	ger Station past the historic Eugenia Mine a	nd continue on by i	following Wind River back	k to the YMCA	i.	•
1:00 PM – 3:30 PM	Wind River Loop	2.0	200′	G	F	Camryn H.
	er, following in the footsteps of Native Ame	ricans along the ba	bbling Wind River.			•

OUTDOOR CLIMBING WALL REGISTRATION REQUIRED

SATURDAY AND SUNDAY MORNINGS

Located at the Boone Family Mountain Center. Experience the thrill and challenge of scaling our 25-foot outdoor climbing wall tower. This activity is geared towards climbers with beginner to intermediate abilities. Open to ages 5 and older, up to 8 people per session, \$12 per person. Call x1104 or click here to register and inquire about availability.





BIRD BANDING MEET AT THE BIRD BLIND

FRI, MON, WED - 4PM-6PM

Watch Scott Rashid, licensed bird bander,
"net" different species of birds that come to
Colorado in the summer. Drop in anytime
between 4pm and 6 pm. Meet at the Bird
Banding site located near the corner of
Mineral Rd and Association Drive.



ACCESSIBLE TRAIL - ENGER FAMILY NATURE TRAIL

The Enger Family Nature Trail is built for all ages, with accessibility in mind. The trail starts at the Boone Family Mountain Center and makes a pet-friendly loop through the forest. Learn about the ecosystem, culture and history of the area through interpretive panels.

ON CAMPUS THIRD PARTY CONCESSIONAIRES



IN ROOM MASSAGE THERAPY

WWW.HOMEGROWNYOGA.COM

(720) 218-1953 - TEXT!



Homegrown Yoga & Massage offers state-of-the-art therapeutic massage in the convenience of your lodge room or cabin. Simply designate a private space in a cabin or your lodge room. The licensed massage therapist will bring everything - music, massage table, linens, aromatherapy, hot stones, and more - to create a relaxing spa environment..

Hours of operation:

Open daily 9-5. Some evenings available.

To schedule your appointment:

Text: (720) 218-1953 - texting is the most reliable and quickest way!

Email: laura@homegrownyoga.com

Please let me know 1) your full name, 2) the number and length of massage(s) you'd like, 3) ideal day/time you'd like 4) the dates you are in Estes. Providing this information will expedite scheduling

Payment:

All forms of payment accepted. Pay at time of service. Cash and room charge preferred, credit cards fine. No insurance reimbursement, venmo or paypal.

Yoga Classes:

Private individual and group classes available. See Homegrown's website for details.

Services and Prices:

Mobile Massage Only Summer 2024

30 Min.	\$85	Perfect for achy feet or a great neck and back massage. (Only available with two or more massages)
60 Min.	\$130	Perfect for full body massage focusing on relaxation and health promotion
90 Min.	\$180	Allows additional time to focus on a certain pain issue
120 Min.	\$225	Allows time for multiple modalities and an in -depth full body massage

No Time Add Ons:

Complementary Aromatherapy Deep Tissue: Included Hot Stone: \$20 Body Brushing: \$20 (You take brush home)

*48 HOUR CANCELLATION POLICY OR FULL CHARGE

CONTACT HOMEGROWN YOGA AND MASSAGE DIRECTLY TO BOOK - (720) 218-1953 - TEXT IS BEST



SASQUATCH FLY FISHING ADVENTURES

(970) 586-3341 x1153 8AM - 4PM

All inclusive fly fishing trips available everyday. Private trips available everyday, call to book. Trips include all gear and flies, one day licenses or day pass may be required. Equipment available to rent for independent use.

Things to Know for Your Trip

- Trips are all inclusive All gear and flies included at no extra cost!
 You must have someone sign up for our trips (email, call or stop by our desk located inside the Boone Family Mountain Center).
- AGE MINIMUM: Must be at least 12 years old to attend a fly-fishing outing.
 EXCEPTION: Family Fun Trips are open to ALL ages! Ages 12+ will fly fish while ages 11 and under will spin fish.
- Most trips have a minimum (2 people) and a maximum (varies) number of participants.
 1 person trips will go out for an extra fee or be combined with other trips.
- What to bring: extra clothing, raingear, sunscreen, polarized sunglasses, tip for the guide; as needed - fishing license, water, snacks, possibly lunch / dinner (see desk).

Trip Rates

- Fly Fishing The YMCA: \$50.00 (no license needed)
- ½ Day Trips: \$75.00
- ¾ Day Trips: \$95.00
- All Day Hike: \$125.00
- Family Fun Trip: 11 & under \$38.00 / 12+ \$58.00
- Family Fun Cookout: 11 & under \$43.00 / 12+ \$63.00
- Belly Boat: Drive To \$110.00 / Backcountry \$145.00
- Fish n' Golf: \$120.00 (all-inclusive*)

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Fly Fishing the YMCA 1:30 – 3:45	1/2 Day Fly Fishing 7:45am -12:30pm	1/2 Day Fly Fishing 7:45am -12:30pm 1/2 Day Evening Experience Cookout! 4pm – 9pm	3/4 Trip to the National Park 7:00am – 2:30pm	3/4 Trip to the National Park 7:00am – 2:30pm	3/4 Trip to the National Park 7:00am – 2:30pm Fly Fishing the YMCA 1:30 – 3:45	All Day Hike n Fish 6:30am – 5:30pm (amazing fishing!)
Family Fun Trip		Fly Fishing the YMCA	Family Fun Trip	Fly Fishing the YMCA	Family Fun Trip	1/2 Day Fly Fishing
8am -12pm		1:30 – 3:45	8am -12pm	1:30 – 3:45	8am -12pm	7:45am- 12:30pm
Evening 1/2 Day	Evening 1/2 Day		Family Fun Cookout	Evening 1/2 Day	Family Fun Cookout	Evening 1/2 Day
4:30pm – 9:00pm	4:30pm – 9:00pm		4:30pm – 8:30pm	4:30pm – 9:00pm	4:30pm – 8:30pm	4:00pm – 8:30pm

ON CAMPUS THIRD PARTY CONCESSIONAIRES



JACKSON STABLES, INC.

(970) 586-3341 x1140 or x1149 7:15AM - 6:00PM

JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 230 pounds.

* 5			
RATES: (per person)	MONDAY	WEDNESDAY	FRIDAY
	8:00am 2 hr. Moraine Park	8:00am 2 hr. Emerald Mountain	8:00am 2 hr. Moraine Park
\$80 1 hour ride	8:20am 2 hr. Moraine Park	8:40am 3 hr. Beaver Meadows	8:40am 3 hr. East Portal
\$115 2 hour ride	8:40am 1 hr. Glacier Basin	9:00am 1 hr. Glacier Basin	9:00am 1 hr. Deer Meadows
\$155 3 hour ride	9:00am 1 hr. Deer Meadows	10:30am 1 hr. Deer Meadows	10:30am 1 hr. Glacier Basin
\$195 4 hour ride	10:30am 1 hr. Deer Meadows	1:00pm 2 hr. Emerald Mountain	1:00pm 2 hr. Emerald Mountain
\$235 5 hour ride	1:00pm 2 hr. Moraine Park	1:20pm 2 hr. Moraine Park	1:40pm 1 hr. Deer Meadows
	1:40pm 3 hr. East Portal	1:40pm 1 hr. Deer Meadows	2:00pm 1 hr. Glacier Basin
YMCA Charges to Room	2:00pm 1 hr. Glacier Basin	2:00pm 1 hr. Glacier Basin	3:30pm 2 hr. Moraine Park
may be accepted.	3:30pm 2 hr. Moraine Park	3:30pm 2 hr. Moraine Park	4:00pm 1 hr. Deer Meadows
	4:00pm 1 hr. Deer Meadows	4:00pm 1 hr. Glacier Basin	
SUNDAY	TUESDAY	THURSDAY	<u>SATURDAY</u>
		0.00 31 5 1114	7:40am 5 hr. Bierstadt Lake
8:00am 2 hr. Emerald Mountain	n 7:40am 4 hr. Wind River	8:00am 2 hr. Emerald Mountain	7:40aiii 3 iii. Diei Staut Lake
8:00am 2 hr. Emerald Mountain 8:40am 3 hr. Beaver Meadows	n 7:40am 4 hr. Wind River 8:00am 2 hr. Moraine Park	8:40am 2 hr. Emerald Mountain 8:40am 3 hr. Mill Creek	8:00am 2 hr. Moraine Park
8:40am 3 hr. Beaver Meadows	8:00am 2 hr. Moraine Park	8:40am 3 hr. Mill Creek	8:00am 2 hr. Moraine Park
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Mill Creek	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Mill Creek 2:00pm 1 hr. Deer Meadows	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Mill Creek	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows 2:00pm 1 hr. Deer Meadows	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Cub Canyon 2:00pm 1 hr. Deer Meadows
8:40am 3 hr. Beaver Meadows 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Mill Creek 2:00pm 1 hr. Deer Meadows 3:30pm 2 hr. Moraine Park	8:00am 2 hr. Moraine Park 8:40am 3 hr. Cub Canyon 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Mill Creek 2:00pm 1 hr. Deer Meadows	8:40am 3 hr. Mill Creek 9:00am 1 hr. Deer Meadows 10:30am 1 hr. Glacier Basin 1:00pm 2 hr. Moraine Park 1:40pm 3 hr. Beaver Meadows 2:00pm 1 hr. Deer Meadows 3:30pm 2 hr. Moraine Park	8:00am 2 hr. Moraine Park 8:20am 2 hr. Moraine Park 8:40am 1 hr. Deer Meadows 9:00am 1 hr. Glacier Basin 10:30am 1 hr. Deer Meadows 1:00pm 2 hr. Emerald Mountain 1:40pm 3 hr. Cub Canyon



Family hayrides with marshmallow roasts are offered during the week \$30 per person. Please call for dates and times.

HORSE RIDING TRAIL INFORMATION

<u>PONY RIDES:</u> The livery is proud to offer the "Minnie Mouse Pony Trail." Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: \$30.00 per child. Available times: Daily: 8:30am-11:30am/1:00-4:30pm.

<u>DEER MEADOWS:</u> A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first-time riders.

<u>GLACIER BASIN:</u> This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

MORAINE PARK: This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

EMERALD MOUNTAIN: This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

3-HOUR RIDE TO BEAVER MEADOWS, CUB CANYON, EAST PORTAL or MILL

<u>CREEK:</u> A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide. These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

4-HOUR RIDE TO WIND RIVER: This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wildflowers are abundant. There is a short rest break about halfway through the ride nestled along Wind River.

<u>5-HOUR RIDE TO BIERSTADT LAKE:</u> This ride makes a continuous loop beginning in the lower Mill Creek area, on the way to the summit of the Bierstadt Lake shores and returns through Glacier Basin. Expect fantastic views of Longs Peak and a variety of sceneries not seen from our other rides. (This ride is not designed for first time riders.)

HAYRIDES: Private and Open horse-drawn hayrides are available throughout the summer. Cost is \$30.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.