

ACTIVITY SCHEDULE

FRIDAY, MAY 17 – THURSDAY, MAY 23

YMCA OF THE ROCKIES- ESTES PARK CENTER



Children under the age of 13 must be accompanied by an adult at all times.

Some programs require advanced registration, click [here](#) or call x1 104 to sign up.

PROGRAM FACILITY HOURS

	Fri, May 17	Sat, May 18	Sun, May 19	Mon, May 20	Tues, May 21	Wed, May 22	Thurs, May 23
SWEET MEMORIAL	Stop by to get a full schedule of activities, and plan out your fun! Check out our game room in the basement! Sign out board games, puzzles, mini golf equipment, sports equipment and more! Questions? Call us at x1 104.						
	8:30AM-6PM	8:30AM-6PM	8:30AM-6PM	8:30AM-6PM	8:30AM-6PM	8:30AM-6PM	8:30AM-6PM
BOONE FAMILY MOUNTAIN CENTER	Sign up for hikes, visit our nature center, or get info about our outdoor activities! Plus, find tons of information about hiking, both at the Y and in the National Park. Questions? Call x8402.						
	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM
LULA W. DORSEY MUSEUM	Come by and learn about the history and creation of YMCA of the Rockies. Guided tours available, no registration required. Last admittance 30 minutes before closing. Questions? Call us at x1 136.						
	9AM-5:30PM	9AM-5:30PM	9AM-5:30PM	9AM-12PM	CLOSED	CLOSED	CLOSED
MAUDE JELLISON LIBRARY	Grab a good book , a hot cup of coffee, and get cozy by the fire. Questions? Call us at x1 133.						
	9AM-5PM	9AM-5PM	1PM-5PM	9AM-5PM	9AM-5PM	9AM-5PM	9AM-5PM
MOOTZ FAMILY CRAFT & DESIGN CENTER	Drop in crafts available everyday, prices and availability vary. Glazed ceramics and Glass fusion must be finished by 3:00pm to be ready for pick up at the next day. No new projects after 4:30PM, clean up at 4:45PM. Questions? Call us at x 1132.						
	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM
DORSEY SWIMMING POOL	Capacity may be restricted to as low as 25 people. Pool is closed during lightning storms. Pool will be cleared 5 minutes before closing time. Call x1 135 for space availability and weather conditions. Towels provided. OPEN SWIM - Swim time for all, come to play or swim laps! Kids 12 and under must have an adult in the building at all times. Kids 7 and under must have an adult in the water. The water slide is open at the lifeguards' discretion.						
	OPEN SWIM 10AM-12PM 1PM-6PM	OPEN SWIM 10AM-12PM 1PM-5PM	OPEN SWIM 10AM-12PM 1PM-5PM	OPEN SWIM 10AM-12PM 1PM-4PM	OPEN SWIM 1PM-4PM	OPEN SWIM 1PM-4PM	OPEN SWIM 1PM-5PM
BOB ECKER ROLLER RINK	Roller skates provided. Roller blades are welcome, but not provided. Questions? Call x1 104						
	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	7PM-9:30PM	5:30PM-9:30PM
LONGHOUSE GYM	Stop by our gymnasium for a game of volleyball or basketball. Call x1 104 for more information.						
	9AM-9:30PM	9AM-9:30PM	9AM-9:30PM	12PM-5PM	9AM-7PM	9AM-8PM	9AM-9:30PM

ON PROPERTY SELF GUIDED WALKING TOUR

These informative strolls explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in! QR Codes are available in Sweet Memorial and the Museum.

[PUBLIC ART TOUR](#) | [WALK ABOUT THE Y HISTORY TOUR](#)

LOST?
CHECK OUT OUR
PROPERTY MAP



WANT TO HIKE?
CHECK OUT OUR
TRAIL MAP



At YMCA of the Rockies we are stewards of the Earth. Please do your part and recycle this Activity Guide. Click [here](#) or visit our website to learn more about our sustainability goals and practices.



ADVENTURE ACTIVITIES

Registration Required

Archery, Climbing \$12 per person. Aerial Challenge Course \$45 per person. Click [Here](#) or call x1104 to check availability. Refunds not given within 24 hours of a paid program, unless the cancellation is due to weather.

INDOOR ARCHERY

Located at the Indoor Archery Range at the Roller Rink. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6 and to 12 people per session.

NELSEN FAMILY INDOOR CLIMBING AND BOULDERING WALL

Located at the Boone Family Mountain Center. The indoor climbing wall is modeled to look and feel like real rock! Climb to the top of the 25-foot wall, or stay low to the ground on the bouldering wall. Open to ages 5 and older, up to 8 people per session.

NEW! AERIAL CHALLENGE COURSE

Located at the Boone Family Mountain Center. Traverse from tree to tree, well above the forest floor on our new high ropes course. Each session begins with a 30 minute ground school that each participant must pass before entering the course. People with know heart conditions or who are pregnant may not participate. Participants must be between 35 and 250 pounds and meet the minimum height requirement of 4'9. Up to 10 people per session.

LIBRARY PROGRAMS

POEMSHARE: OPEN MIC

**MONDAY MAY 20;
6:30PM-7:30PM**

Read a poem, sing a song, play a guitar piece, or just sit back and enjoy listening to the presentations of others.



ROCKY MOUNTAIN NATIONAL PARK

970-586-1206

Do you have questions about timed entry permits, road conditions, construction, or entrance fees? Click here to visit the Rocky Mountain National Park website, or call 970.586.1206 to speak to the information office.

CAN YOU FIND THE GOLDEN NUGGETS?

Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. Check out the Glacier Creek and Wind River trails. If you collect one, turn in at the Boone Family Mountain Center for a special prize! One prize per person.

NEW! AERIAL CHALLENGE COURSE!

A treetop, exhilarating experience located by the Mountain Center. Register today by calling x1104.



CHAPEL ACTIVITIES

SUNDAY, MAY 19

10:00AM - Worship in The Rockies

Worship with us in [Ponder Chapel](#). Everyone is invited to join us for this great hour of worship!

ADDITIONAL CHAPEL PROGRAMS

INTERACTIVE PRAYER TRAIL

Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession.

LABYRINTH

Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum.

BIBLE POINT TRAIL

Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. Pick up a map in the Mountain Center.

24/7 PRAYER - DANNEN CHAPEL

Entrance located on the outside northeast corner of Hyde Chapel, open 24/7 for your prayer needs.

BEATITUDE STUDY TRAIL

Enjoy a 1 mile hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." The trailhead is located at the Dorsey Lake parking lot.

STORY WALK

Enjoy a children's book on a short walk equipped with reading stations. Begins on the walking path by the Hyde Chapel fire pit.

LAWN GAMES

Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you wish! Please return games to shed when you are finished using them.



CAMPFIRE OPPORTUNITIES

COMMUNITY FIRE

SATURDAYS 6PM-8PM

Come join a free community campfire at Sweet Memorial. Feel free to bring your own s'mores supplies.

FIRE RING RENTAL

RESERVATION REQUIRED

Reserve one of our six fire rings located throughout property. Available every day from 5:30-7:30 or 7:45-9:45 for \$30. Reservation includes two bundles of firewood, fire starter and matches. Book online or call Sweet Memorial at x1104.

SMORES KIT

AVAILABLE AT SWEET MEMORIAL

Ready for a classic camp treat? Stop by sweet memorial to pick up a smores kit. Includes graham crackers, marshmallows, chocolate and roasting stick.

Click [here](#) to register and find more course descriptions. Call x1104 for more information.

FREE FAMILY PROGRAMS

No registration required.

Age Ranges Family Programs (all ages) † Little Learners (6 and under) * Young Adult+ (10 & up) ☼
Locations: Mountain Center (MC) Sweet Memorial (Sweet) Longhouse Gym (LH)

FRIDAY, MAY 17

8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
9:45AM † Rocky Mtn Journals @ Sweet
10:45AM ☼ Knots @ Sweet
11:00AM † Outdoor Origami @ Sweet
11:45AM * Parachute Games @ Sweet
1:15PM † What About Wolves @ Sweet
1:30PM † Critter Crafts @ Sweet
2:00PM † Walk in the Woods @ Sweet
2:45PM † Floor Hockey @ LH
3:45PM † Wildland Wind Chimes @ Sweet
4:00PM † Slime @ Sweet
5:00PM † Fire Quest @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet

SATURDAY, MAY 18

8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
9:45AM † Rocky Mtn Journals @ Sweet
10:30AM * Children's Story Time @ Library
10:45AM † Bird is the Word @ Sweet
11:00AM † Outdoor Origami @ Sweet
11:45AM * Woolly Worm Hunt @ Sweet
1:30PM † Critter Crafts @ Sweet
2:45PM † Floor Hockey @ LH
3:45PM † Wildland Wind Chimes @ Sweet
4:00PM † Oobleck @ Sweet
5:00PM † Fire Quest @ Sweet
6:00PM † Community Fire @ Sweet

SUNDAY, MAY 19

8:8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
10:45AM ☼ Knots @ Sweet
11:45AM * Parachute Games @ Sweet
1:15PM † What About Wolves @ Sweet
2:00PM ☼ Walk in the Woods @ Sweet
3:45PM † Wildland Wind Chimes @ Sweet
5:00PM † Fire Quest @ Sweet

MONDAY, MAY 20

8:8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
10:45AM ☼ Knots @ Sweet
11:45AM * Parachute Games @ Sweet
1:15PM † What About Wolves @ Sweet
2:00PM ☼ Walk in the Woods @ Sweet
3:45PM † Wildland Wind Chimes @ Sweet
5:00PM † Fire Quest @ Sweet

TUESDAY, MAY 21

8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
10:45AM † Bird is the Word @ Sweet
11:45AM * Woolly Worm Hunt @ Sweet
1:15PM † Backyard Black Bears @ Sweet
2:00PM † Survival @ Sweet
3:45PM † Wildland Wind Chimes @ Sweet
5:00PM † Fire Quest @ Sweet

WEDNESDAY, MAY 22

8:8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
10:45AM ☼ Knots @ Sweet
11:45AM * Parachute Games @ Sweet
1:15PM † What About Wolves @ Sweet
2:00PM ☼ Walk in the Woods @ Sweet
3:45PM † Wildland Wind Chimes @ Sweet

THURSDAY, MAY 23

8:45AM * Little Explorers @ Sweet
9:30AM † Animal Detective @ Sweet
10:45AM † Bird is the Word @ Sweet
11:45AM * Woolly Worm Hunt @ Sweet
1:15PM † Backyard Black Bears @ Sweet
2:00PM † Survival @ Sweet
3:45PM † Wildland Wind Chimes @ Sweet

PROGRAM DESCRIPTIONS

FAMILY FUN

ANIMAL DETECTIVE (1hr)

Learn about animals at the Y! We will observe tracks, scat, bones, and antlers, then use your skills to see what animal clues can be found outside.

BACKYARD BEARS (30min)

Discover the fascinating world of black bears and learn to live in harmony with these magnificent animals.

BIRD IS THE WORD (1hr)

Come learn about fall birds in our area and make your very own bird feeder.

CREEK STOMPIN (1hr)

Get your feet wet in this introduction to our mountain lakes and streams. Learn what makes a healthy waterway, and the importance of keeping our water clean!

FIRE QUEST (1hr)

Fire can be a life-saving tool outdoors. Come learn how to use various methods to spark safe fires.

NAVIGATION GAMES (1hr)

Practice your navigation skills using your wits and a map!

PARACHUTE GAMES (30min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute.

SURVIVAL (1.5hr)

Learn some important skills to help you stay safe in the wilderness.

TOWER POWER (1hr)

Unleash your inner engineer and build towering structures

WALK IN THE WOODS (1.5hr)

Take a leisurely hike around property to explore the trees, plants, and animals in our area!

WILDLAND WIND CHIMES (1hr)

Craft your own wind chimes using natural materials found in the wild, **WHAT ABOUT WOLVES(30min)** Learn about the effect of these large carnivores on their ecosystems.

LITTLE LEARNERS

FOR KIDS UNDER AGE 6:

BUGS, BUGS, BUGS (30 min)

Caterpillars, worms, beetles, butterflies, and more! Dig into what bugs look like, and what makes these crawly critters so cool!

LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills.

WOOLLY WORM HUNT (30 min)

Join our adventurous hunt for the mysterious woolly worms and learn about how animals use camouflage.

CRITTER CRAFT (1hr)

Craft an animal masks and then step into the shoes of their favorite Rocky Mountain creatures.

CRAFT CLASSES

Registration Required, Click [Here](#) or call x1104 to register. Refunds not given within 24 hours of a paid program.

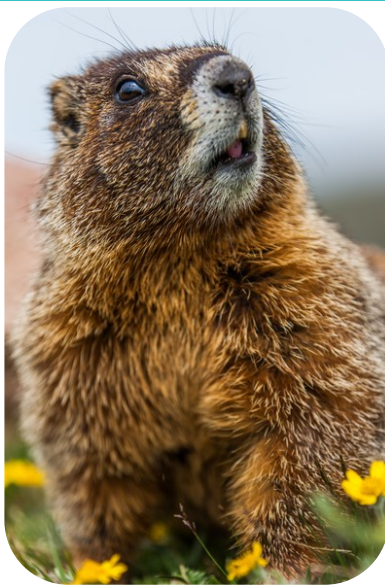
THURSDAY, MAY 23

10:00AM * Elastic Bracelets or Necklaces
10:00AM ☼ Leather Boot Charms
1:00PM ☼ Custom Earrings
2:30PM ☼ Custom Bracelet
3:30PM ☼ Custom Necklace

HAVING FUN? BECOME A MEMBER TODAY!

ONE MEMBERSHIP, TWO LOCATIONS

Enjoy lodging perks, discounts, activities and more. Scan the QR Code for more information and registration details.



CRAFT CLASS DESCRIPTIONS

BEGINNER CLASSES

ELASTIC BRACELET OR NECKLACE \$ 10

Participants will learn how to string beads onto elastic cord for one necklace or two bracelets. Designed for ages 4 and up.

INTERMEDIATE CLASSES

FOR CRAFTERS OVER AGE 10:

LEATHER BOOT CHARM \$ 10

Make one custom tooled pair of full grain leather boot charms.

CUSTOM JEWELRY \$ 15-\$20

Learn the basic jewelry making techniques to create a custom pair of earrings, bracelet or necklace

CYANOTYPE SUN PRINT \$ 20

Make a bandana or paper prints using sunlight and objects in a timeless printmaking technique dating back to 1842.

INTERMEDIATE PLUS CLASSES

FOR CRAFTERS OVER AGE 13:

RUBBER BLOCK PRINTING

Carve your design onto rubber blocks, print it onto paper or fabric, and bring your design to life with vibrant ink colors, no prior experience needed.

GUIDED HIKING

REGISTRATION REQUIRED CALL x1311

Requires sign up: Call the Boone Family Mountain Center at x1311. Hikes are free for YMCA of the Rockies guests and members. No call, no shows will incur a \$5 per person charge. Call x1311 to cancel your reservation, at least 24 hours in advance to cancel.

A variety of circumstances may change the schedule of any hike. It is imperative that all hikers check in at the Mountain Center hiking counter no later than 5pm the day before the hike. Please bring your Y lodge room number or cabin name at that time. All equipment will be provided for guided hikes requiring specialized snow equipment, such as snowshoes or microspikes. Please dress in layers and be prepared for snow and cold temperatures, especially for hikes higher than 8500' in elevation.

Hike Difficulty: A=Most Difficult B=Very Demanding C=Demanding D=Strenuous
E=Moderate Plus F=Moderate G=Easy H=Easiest

Prerequisites: To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (Hikemaster-led) hike of no more than two grades lower within two weeks before the hike. A "C" hike is the prerequisite for an "A" hike (A hikes may require additional hiker scrutiny due to the high level of physical demand); a "D" hike is the prerequisite for a "B" hike, etc.

	HIKE	MILES RT	GRADE	TERRAIN	ELEVATION GAIN	HIKEMASTER
FRIDAY, MAY 17						
7:30AM-1:00 PM	Ouzel Falls	5.5	F	F	900'	Karen A.
<i>Follow a forested trail up the North St Vrain River past Copeland Falls, Calypso Cascades and the 1978 fire area to feel the spray from the broad, impressive Ouzel Falls.</i>						
SATURDAY, MAY 18						
8:00AM-12:00 PM	Arch Rocks and the Pool	3.5	G	F	250'	Karen A
<i>A magnificent hike along the level and beautiful Fern Lake Trail to The Pool.</i>						
9:00AM-11:00 AM	Winder River Loop	2.0	H	G	200'	Thomas R.
<i>Starting at the Mountain Center, following in the footsteps of Native Americans along the babbling Wind River.</i>						
SUNDAY, MAY 19						
7:30AM-1:00 PM	Mills Lake	5.2	F	F	850'	Megan B.
<i>Trail past Alberta Falls to a lake below Thatchtop Mtn & craggy Glacier Gorge.</i>						
MONDAY, MAY 20						
7:30AM-11:30 PM	Emerald Lake	3.6	F	F	750'	Karen A.
<i>Climb smooth trail past Nymph & Dream Lakes to the beautiful lake in Tyndall Gorge.</i>						
TUESDAY, MAY 21						
8:00AM-12:00 PM	Gem Lake	3.5	F	E	1450'	Megan B.
<i>Short, occasionally steep, hike past wonderful rock formations to crystalline lake on Lumpy Ridge.</i>						
WEDNESDAY, MAY 22						
7:00AM-1:00 PM	West Creek Falls	5.0	F	E	1750'	Megan B.
<i>Hike through a rarely visited part of the Park through lush woods to the pooling West Creek Waterfalls. Please note: this hike has steep uphill in both directions.</i>						
THURSDAY, MAY 16						
7:30AM-1:30 PM	The Loch	5.0	F	F	1150'	Karen A.
<i>Hike a gentle trail past the roaring Alberta Falls (the perfect photo op) to a large, trout-filled lake nestled in Loch Vale.</i>						
9:00AM-11:30 PM	Glacier Creek Loop	2.5	G	F	400'	Gabbi M.
<i>Hike from the Mountain Center along the frolicking Glacier Creek.</i>						

ACCESSIBLE TRAIL ENGER FAMILY NATURE TRAIL

The Enger Family Nature Trail is built for all ages, with accessibility in mind. The trail starts at the Boone Family Mountain Center and makes a pet-friendly loop through the montane forest. Learn about the ecosystem, culture and history of the area through interpretive panels.



Click [here](#) to register and find more hike descriptions. Call x1104 for more information.

ON CAMPUS THIRD PARTY CONCESSIONAIRES



MASSAGE THERAPY

BIRCH CABIN ON GROUNDS AT THE YMCA

(720) 218-1953 - TEXT! WWW.HOMEGROWN.YOGA.COM



Homegrown Yoga & Massage offers state-of-the-art massage therapy services in a serene mountain cabin located conveniently on the grounds of the YMCA of the Rockies on the corner of Friendship Lane and Association Drive.

Hours of operation:

Open daily by appointment.

To schedule your appointment:

Text: (720) 218-1953 - texting is the most reliable and quickest way!

Email: laura@homegrownyoga.com

Let me know the days you'll be in Estes Park, your ideal days/times, and the length of massage you would like as well as the names of the people wanting a massage.

You can try calling, but know that voice messages are sometimes severely delayed in the mountains if they come through at all.

Location:

Massage (Birch) Cabin is at the corner of Friendship Lane and Association Drive, right next to the Arts and Design Center and easy to walk to. If driving, please take Program Way from Association Drive and park at the end of Program Way. Birch is on the right. There is no parking on Friendship Ln or Association Dr. even though you can see the cabin from those streets.

Payment:

Pay at time of service at massage cabin. Cash and room charge preferred. Credit cards accepted. No Venmo payments or insurance reimbursement.

Services and Prices:

30 Min.	\$65	Perfect for achy feet or a great neck and back massage
60 Min.	\$105	Perfect for full body massage focusing on relaxation and health promotion
90 Min.	\$155	Allows additional time to focus on a certain pain issue
120 Min.	\$200	Allows time for multiple modalities and an in-depth full body massage

No Time Add Ons:

Deep Tissue: Included
 Fruit Refresh: \$20
 Foot Sugar Scrub \$10
 Body Brushing: \$15
 Hot Stone: \$20

Four pack/one hour: \$400

Complimentary aromatherapy with every massage.

48 hour cancellation policy or full charge.

CONTACT HOMEGROWN YOGA AND MASSAGE DIRECTLY TO BOOK - (720) 218-1953



FLY FISHING ADVENTURES

SASQUATCH FLY FISHING ADVENTURES

(970) 586-3341 x1153 8AM - 4PM

All inclusive fly fishing trips available everyday. Private trips available everyday, call to book. Trips include all gear and flies, one day licenses or day pass may be required. Equipment available to rent for independent use.

Things to Know for Your Trip

- Trips are all inclusive - **All gear and flies included at no extra cost!**
You must have someone sign up for our trips (email, call or stop by our desk - located inside the Boone Family Mountain Center).
- AGE MINIMUM: Must be at least 12 years old to attend a fly-fishing outing.
EXCEPTION: **Family Fun Trips are open to ALL ages!** Ages 12+ will fly fish while ages 11 and under will spin fish.
- Most trips have a minimum (2 people) and a maximum (varies) number of participants. 1 person trips will go out for an extra fee or be combined with other trips.
- What to bring: extra clothing, raingear, sunscreen, polarized sunglasses, tip for the guide; as needed - fishing license, water, snacks, possibly lunch / dinner (see desk).

Trip Rates

- Fly Fishing The YMCA: \$50.00 (no license needed)
- ½ Day Trips: \$75.00 (**\$10 off / person if sign up 4+ people**)
- ¾ Day Trips: \$95.00 (**\$10 off / person if sign up 4+ people**)
- All Day Hike: \$125.00 (**\$10 off / person if sign up 4+ people**)
- Family Fun Trip: 11 & under \$38.00 / 12+ \$58.00
- Family Fun Cookout: 11 & under \$43.00 / 12+ \$63.00
- Belly Boat: Drive To \$110.00 / Backcountry \$145.00
- Fish n' Golf: \$120.00 (all-inclusive*)

FRIDAY 5/17	SATURDAY 5/18	SUNDAY 5/19	MONDAY 5/20	TUESDAY 5/21	WEDNESDAY 5/22	THURSDAY 5/23
1/2 Day Trip 8:00am- 12:30pm Fly Fishing the YMCA 1:30 - 3:45	1/2 Day Fly Fishing 8am -12:30pm	1/2 Day Fly Fishing 8am -12:30pm 1/2 Day Evening Experience Cookout! 4pm - 9pm	3/4 Trip to the National Park 7:00am - 3pm Fly Fishing the YMCA 1:30 - 3:45	3/4 Trip to the National Park 7:00am - 3pm	1/2 Day Trip 8:00am- 12:30pm Fly Fishing the YMCA 1:30 - 3:45	All Day Hike n Fish 6:30am - 5:00pm (amazing fishing!)
Family Fun Trip 8am -12pm	Family Fun Trip 8am -12:00pm		Family Fun Trip 8am -12pm	1/2 Day Trip 8:00am - 12:30pm	Family Fun Trip 8am -12pm	1/2 Day Trip 8:00am- 12:30pm
Evening 1/2 Day 4:00pm - 8:30pm	Evening 1/2 Day 4:00pm - 8:30pm		Family Fun Cookout 4:00pm - 8:30pm	Evening 1/2 Day 4:00pm - 8:30pm	Family Fun Cookout 4:00pm - 8:30pm	Family Fun Cookout 4:00pm - 8:30pm

CONTACT SASQUATCH FLY FISHING DIRECTLY TO BOOK - (970) 586-3341 X1153

ON CAMPUS THIRD PARTY CONCESSIONAIRES

JACKSON STABLES, INC.

(970) 586-3341 x1140 or x1149 7:15AM - 6:00PM



JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. **We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 230 pounds.**

RATES: (per person)

\$80 1 hour ride
 \$115 2 hour ride
 \$155 3 hour ride
 \$195 4 hour ride
 \$235 5 hour ride

YMCA Charges to Room may be accepted.

MONDAY

8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Glacier Basin
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. East Portal
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

WEDNESDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:20pm 2 hr. Moraine Park
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

FRIDAY

8:00am 2 hr. Moraine Park
 8:40am 3 hr. East Portal
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

SUNDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

TUESDAY

7:40am 4 hr. Wind River
 8:00am 2 hr. Moraine Park
 8:40am 3 hr. Cub Canyon
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

THURSDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Mill Creek
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Beaver Meadows
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

SATURDAY

7:40am 5 hr. Bierstadt Lake
 8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Deer Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Cub Canyon
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin



Family hayrides with marshmallow roasts are offered during the week \$30 per person. Please call for dates and times.

HORSE RIDING TRAIL INFORMATION

PONY RIDES: The livery is proud to offer the "Minnie Mouse Pony Trail." Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: \$30.00 per child. Available times: Daily: 8:30am-11:30am/1:00-4:30pm.

DEER MEADOWS: A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first-time riders.

GLACIER BASIN: This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

MORAINES PARK: This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

EMERALD MOUNTAIN: This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

3-HOUR RIDE TO BEAVER MEADOWS, CUB CANYON, EAST PORTAL or MILL CREEK: A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide.

These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

4-HOUR RIDE TO WIND RIVER: This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wildflowers are abundant. There is a short rest break about halfway through the ride nestled along Wind River.

5-HOUR RIDE TO BIERSTADT LAKE: This ride makes a continuous loop beginning in the lower Mill Creek area, on the way to the summit of the Bierstadt Lake shores and returns through Glacier Basin. Expect fantastic views of Longs Peak and a variety of sceneries not seen from our other rides. (This ride is not designed for first time riders.)

HAYRIDES: Private and Open horse-drawn hayrides are available throughout the summer. Cost is \$30.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.